Hey Now



拍數: 32 牆數: 4 級數: Easy Improver

編舞者: Raymond Sarlemijn (NL) 音樂: Hey Now - Ira Losco



Restart in wall 6 after 16 counts

Rf to right, LF together, Shuffle right, LF step left, recover weight RF, Shuffle left.

RF step right. 2 LF close RF. 3 Rf step right. & LF close RF. 4 RF step right. 5 LF step left.

6 Recover weight on RF.

7 LF step left. & RF close LF. 8 LF step left.

Syncopated Cuban breaks with RF, syncopated Cuban breaks with LF

RF cross forward LF. 1 & Recover weight on LF. 2 RF touch RF backwards. & Recover weight on LF. 3 RF cross forward LF. & Recover weight on LF.

4

RF step right. 5 LF cross forward RF. & Recover weight on LF. 6 LF touch backwards. & Recover weight on RF 7 LF cross forward RF. & Recover weight on RF.

8 LF step left

RF cross over LF, LF left, ¼ turn right, coaster step, rock forward LF, rock forward RF.

1 RF cross over LF.

2 LF step left.

3 1/4 turn right, RF step backwards.

& LF closes RF. 4 RF step forward. 5 LF rock forward. 6 Recover weight RF. & LF closes RF. 7 RF rock forward. 8 Recover weight LF.

RF step back, look back, recover weight LF, ½ turn left, coaster step, walk walk

1 RF step backwards.

2 Head look backwards.

3 Recover weight on LF, look forward.

4 ½ turn left, RF step backwards.

5	LF step backwards.
&	RF closes LF.
6	LF step forward.
7	RF walk forward.
8	LF walk forward.

Start again and have fun.