My Mother's Eyes

級數: Beginner

編舞者: Esther Axon (UK) - September 2023

音樂: The Light in My Mother's Eye - Chris While & Julie Matthews

Intro: 32c

WALK FORWARD x 2, FORWARD COASTER, WALK BACK x 2, BACK COASTER

- 1 2 Walk forward R, L
- 3&4 Step R forward, step L forward next to R, step R back
- 5 6 Walk back L, R

拍數: 32

7 & 8 Step L back, step R back next to L, step forward on L

CROSS ROCK, SHUFFLE ¼ TURN, STEP, PIVOT ½ TURN, FORWARD SHUFFLE

- 1 2 Cross R over L, recover on L
- 3&4 Step R forward making 1/4 turn right
- 5 6 Step L forward, pivot 1/2 a turn right
- 7 & 8 Step L forward, step R next to L, step forward on R

EXTENDED SYCOPATED WEAVE, SIDE ROCK, CROSS SHUFFLE

- 1 2 Cross R over L, step L to left side
- 3&4 Cross R behind L, step L to left side, cross R over L
- 5 6 Rock L to left side, recover on R
- 7 & 8 Step L over R, step R to right side, cross L over R

FORWARD ROCK, SHUFFLE ½ TURN, FRONT AND SIDE TOUCHES, SAILOR STEP

- 1 2 Rock R forward, recover on L
- 3&4 Step R forward making 1/2 turn right, step L next to R, step R forward
- 5 6 Touch L toe forward, touch L toe to left side
- 7 & 8 Step L behind R, step R to right side, step L in place

RESTART: On the 4th wall, you will do the first 10 counts (up to and including right cross rock, recover), then restart the dance.

Last Update: 20 Feb 2025





牆數: 4