

Lulu's Back

COPPERKNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Debbi Fabiani (USA) - September 2023
音樂: Lulu's Back In Town - Fats Waller



Intro: 16 counts from start (begin dance when piano starts after "Yes, yes, yes.")

No Tags or Restarts

*Optional ending

Special thanks to Norman Gifford for step flow suggestions plus step sheet corrections and to Vicki Camblin for letting me test the dance in her beginner class.

[1-8] CHARLESTON, V-STEP

1,2 Touch RF forward, step RF back
3,4 Touch LF back, step LF forward
5,6 Step RF diagonally forward to R, step LF side to L
7,8 Step RF back to center, step LF together

(Optional for steps 5-8 is repeat steps 1-4)

[9-16] CROSS, SIDE, BEHIND, FLICK L & R

1,2 Step RF across LF, step LF side to L
3,4 Step RF behind LF, flick LF up while body is turned slightly R (1:30)
5,6 Step LF across RF, step RF side to R
7,8 Step LF behind RF, flick RF up while body is turned slightly L (10:30)

[17-24] DIAGONAL STEP TOGETHER & SHUFFLE R & L

1,2 Step RF diagonally, step LF together (10:30)
3&4 Shuffle continuing forward RF, LF, RF
5,6 Step LF diagonally, step RF together (7:30)
7&8 Shuffle continuing forward LF, RF, LF

[25-32] MAMBO FORWARD & BACK, JAZZ BOX WITH 1/8 TURN R

1&2 Rock RF forward, recover, step RF together (7:30)
3&4 Rock LF back, recover, step LF together
5,6 Cross RF over LF, step LF back turning 1/8 R (9:00)
7,8 Step RF to R side, step LF together

(Optional for 1-4 is a straight count & slower rocking chair using RF)

Begin again & enjoy!

*Optional 8 count ending (during Fats Waller's final comments)

Step & Pivot 2X, Jazz Box

1,2 Step RF forward, pivot 1/2 L
3,4 Step RF forward, pivot 1/2 L
5,6 Cross RF over LF, step LF back
7,8 Step RF to R side, step LF heel forward with arms low & out to side

Contact: Debbi Fabiani - dfabiani@sbcglobal.net