

Princess

COPPERKNOB
STEPSHEETS

拍數: 64
編舞者: Robin Sin (SG) - September 2023
音樂: PRINCESS - The Crane

牆數: 1

級數: Phrased High Intermediate



Intro: 32 counts

SEQ: AAA BB AA BB Ending

PART A

DIAGONAL TOUCH, KNEE ROLL ¼ TURN, BACK ROCK, RECOVER, SCUFF, SIDE, ROLL KNEE, ¼ TURN

1-2-3 Step R diagonally right, touch L beside R, Roll L knee out ¼ turn left, weight on R 9.00
4&5 Rock back on L, Recover R, Scuff L beside R 9.00
6-7-8 Step L to side, side rock on R, recover L while making a ¼ turn right 12:00

STEP LOCK, ½ TURN, TOE SWITCHES, FWD TOUCH, SIDE TOUCH

1-2 Step R forward, lock L behind R 12.00
&3&4 ½ turn left, step back on R, Touch L forward, close L beside R, Touch R forward 6.00
&5-6 Step R beside L, Step L a big step forward, touch R beside L 6:00
Optional arms: 6 Both arm bend at elbow and lift to shoulder level and click fingers
7-8 Step R big step to side, touch L beside R 6.00

Optional arms: 8 Both arm bend at elbow and cross over at chest level and click fingers

ROLL KNEES, SIDE CHASSE x 2

1-2 Roll L knees to side, roll R knees to side 6.00
3&4 Side Chasse: Step L to side, close R beside L, Step L to side 6.00
5-6 Roll R knees to side, roll L knees to side 6.00
7&8 Side Chasse: Step R to side, close L beside R, Step R to side facing diagonally right 7.30

MAMBO STEP, CROSS, UNWIND 7/8 TURN, 3/4 BOX TURN

1-2 Facing diagonally 7.30, Rock forward on L, recover on R, step L back 7.30
3-4 Cross R over L, unwind 7/8 turn left, weight on L 9.00
5-6 Step R to side, ¼ turn left, step L to side 6.00
7-8 ¼ turn left, step R to side, ¼ turn left, step L to side 12.00

PART B

"PRINCESS", BODY ROLL, STEP FWD, ¼ TURN, ARM CROSS, APPLEJACK RUN

1-2 Step R to side while L palm place on the left side of your head slightly above ear and R palm on the right side of your head, like u r wearing a crown (Princess) 12:00, turn ¼ turn left on R with L toe remain pointed in front. 9.00

3-4 Body roll down and sit on R

Arms: 3-4 slide both hands at the side of your body while doing the body roll

5-6 Step L forward, ¼ turn left, step R to side 6:00

ARMS: 6 Cross arms L over R at chest level with fist close

7&8 Swivel L heel to left and R toes to left, Swivel L toes to L and R heel to left, Swivel L heel to left and R toes to left

ARMS: 7-8 Roll fist inwards at wrist level, back to the front.

STEP FWD, HOLD, ¼, ¼, ROCK RECOVER COASTER STEPS

1-2 Step R forward, hold 6.00

ARMS: 1 Both straight forward with both palms facing down, 2 bend at elbow, bring both palm to chest level

3 ¼ turn left, with feet apart 3.00

Arms: 3 Slide R palm towards L elbow, L arm straight forward

4 ¼ turn left, with L forward, weight on L 12:00

ARMS: 4 Slide L palm below R, towards R elbow, R arm straight forward

5-6 Rock forward on R, recover L

ARMS: 5 Both palms facing forward at the side of shoulders

7&8 Coaster Steps: Step R back, close L beside R, Step R forward

STEP, LOCK, MAMBO STEP, BACK TOUCH, UNWIND TURN, STEP PIVOT ½ TURN

1-2& Step L diagonally left, lock R behind L, Step L forward 10.30

3-4& Rock forward on R, recover on L, Step back on R 10.30

5-6 Touch L behind R, unwind 3/8 turn left, weight on L 6:00

7-8 Step R forward, ½ pivot turn left, weight on L 12.00

CROSS ROCK & CROSS ROCK &, PIVOT ½ TURN, CHASSE ½ TURN

1-2& Cross rock on R, recover on L, step R to side 12.00

3-4& Cross rock on L, recover on R, step L to side 12.00

5-6 Step R forward, ½ pivot turn left, weight on L

7&8 Step R forward, ½ pivot turn left, Touch R beside L 12.00

ENDING: Do the first 8 counts of A and the 'princess' crown sign on count 8.

Last Update - 10 Sept. 2023 - R1
