

Ice

拍數: 64 牆數: 2 級數: High Intermediate
編舞者: Paolo Bernasconi (CH) - August 2023
音樂: Train - Hunter Brothers



Sequence : A – A – B – B – Tag1 – A – A – B – B – Tag1 – Tag2 – B – B – A – A

Intro : 15 sec (32c), start on lyrics

Part A: 32c

[1-8] SIDE ROCK, CROSS SHUFFLE, SIDE, BACK CROSS AND HEEL AND CROSS

1-2 step R to right, recover weight on L
3&4 cross R over L & step L to left & step R over L
5-6 step L to left, cross R behind L
&7&8 step L back & touch R heel fwd & recover R beside L & cross L over R

[9-16] SIDE, PIVOT $\frac{3}{4}$, STEP, SHUFFLE, SYNC POINT TOUCHES, TURN $\frac{1}{4}$ AND SYNC POINT HEEL TOUCHES

1&2 step R to right & $\frac{3}{4}$ turn left on R & step L fwd
3&4 step R fwd & step L beside R & step R fwd
5&6 touch L toe to left & touch R toe to right
&7&8 turn $\frac{1}{4}$ to right on L and touch R heel fwd & recover weight on R and touch L toe back

[17-24] HEEL HOOK HEEL, $\frac{1}{2}$ SAILOR TURN, 2 x KICK, ROCK BACK

&1&2 recover weight on R & touch L heel fwd & hook L under right knee & touch L heel fwd
&3&4 $\frac{1}{2}$ pivot on R & step L diag back & recover weight on R & step L fwd
5-6 kick R fwd, kick R fwd
7&8 jump R back & recover weight on L & scuff R beside L

[25-32] WIZARD STOMP, HEEL SWIVEL, WIZARD HEEL TOUCH, STOMP

1-2& step R diag fwd, lock L behind R & step R diag fwd
3&4 step L diag slightly fwd & swivel L heel out & swivel L heel in
5-6& step L diag fwd, lock R behind L & step L diag fwd
7&8 touch R heel diag fwd & hop on L and flick R back & stomp up R beside L

Part B: 32c

[1-8] KICK BALL CROSS, SIDE SHUFFLE, $\frac{3}{4}$ PIVOT ROCK $\frac{1}{4}$ PIVOT, SIDE SHUFFLE

1&2 kick R fwd & step R beside L & cross L over R
3&4 step R to right & step L beside R & step R to right
&5-6 $\frac{3}{4}$ turn to left on R & step L fwd & recover weight on R and $\frac{1}{4}$ turn to left on R
7&8 step L to left & step R beside L & step L to left

[9-16] VAUDEVILLE, HEEL, TOUCH, HOOK COMBINATION, ROCK BACK, STOMP UP

1&2 cross R over L & step L to left & touch R heel fwd
&3&4 recover weight on R & touch L heel fwd & recover weight on L & touch R beside L
5&6& kick R fwd & hook R under L knee & kick R fwd & flick R
7&8 jump back on R & recover weight on L & stomp up R beside L

[17-24] $\frac{1}{4}$ JUMP RIGHT, $\frac{1}{4}$ JUMP LEFT, V STEP, KICK BALL STEP, PIVOT FULL TURN

&1&2 jump on R with $\frac{1}{4}$ turn to left & touch L beside R & jump on L with $\frac{1}{4}$ turn to left & touch R beside L
&3&4 jump R diag fwd & step L to left & jump R center & step L beside R
5&6 kick R fwd & step R beside L & change weight on L

&7&8 pivot ½ turn to left on L & step R back & pivot ½ to left on R & step L fwd

[25-32] MAMBO STEP, ½ PIVOT ROCK ½ PIVOT, STEP, VAUDEVILLE, HEEL TOUCH, STOMP UP

1&2 step R fwd & recover weight on L & step R back

&3&4 ½ turn to left on R & step L fwd & recover weight on R and ½ turn to left on R & step L fwd

5&6 cross R over L & step L to left & touch R heel fwd

&7&8 step R beside L & touch L heel fwd & step L beside R and flick R & stomp up R beside L

Tag 1 (8 counts)

[1-8] MAMBO STEP, ½ PIVOT, STEP, ½ PIVOT, STOMP, PIGEON TOE, APPLE JACKS

1&2 step R fwd & recover weight on L & step R back

&3&4 pivot ½ turn to left on R & step L fwd & pivot ½ turn to left on L and flick R & stomp R beside L

5&6& R toe right (weight on heel) and L heel right (weight on toe) & R heel right (weight on toe) and L toe right (weight on heel) & R toe right (weight on heel) and L heel right (weight on toe) & weight back on L and R

7& twist right heel to left, left toe to left & recover back to center

8& twist right toe to right, left heel to right & recover back to center

Tag 2 (64 counts)

Hold first 16 counts

[17-32] STEP R, STEP BACK DIAG, STEP RIGHT, STEP FWD DIAG

1-4 long step R to right, weight on R, slide L close to R, touch L beside R

5-8 long step L diag back, weight on L, slide R close to L, touch R beside L

9-12 long step R to right, weight on R, slide L close to R, touch L beside R

13-16 long step L diag fwd, weight on L, slide R close to L, touch R beside L

[33-48] WAVE RIGHT, SIDE ROCK CROSS, HOLD, WAVE LEFT, SIDE ROCK CROSS, HOLD

1-4 step R to right, step L behind R, step R to right, step L over R

5-8 step R to right, recover weight on L, cross R over L, hold

9-12 step L to left, step R behind L, step L to left, step R over L

13-16 step L to left, recover weight on R, cross L over R, hold

[49-64] 2 x (VINE, PIVOT, STEP), STEP LOCK STEP, STOMP, V STEP

1-4 step R right, step L behind R, step R to right, ½ pivot left on R and step L fwd

5-8 step R right, step L behind R, step R to right, ½ pivot left on R and step L fwd

9-12 step R fwd, lock L behind R, step R fwd, stomp L beside R

13-16 step R diag fwd, step L diag fwd, step R back to center, step L back to center
