

Af En Af (My Heart) AB

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Annemaree Sleeth (AUS) - September 2023
音樂: Af en Af - Kurt Darren



Written For Dancers At Sherbrooke U3a

Approximately 16 Beats In

S 1 (1 – 8) TOE STRUTS, OUT, OUT, IN, IN

1-2 Touch Right Toe Forward, Drop Right Heel
3-4 Touch Left Toe Forward, Drop Left Heel
5-6 Step Right Out Side, Step Left Out To The Side (Feet Are Apart)
7-8 Step Right In, Step Left Beside Right

S2 (9 – 16) TOE STRUTS, VINE, TOUCH

1-2 Touch Right Toe Forward, Drop Right Heel
3-4 Touch Left Toe Forward, Drop Left Heel
5-6 Step Right Side, Cross Left Slightly Behind Right
7-8 Step Right Side, Touch Left Beside Right

S 3 (17– 24) SIDE, TOUCHES, VINE ¼ LEFT, TOUCH

1-2 Step Left Side, Touch Right Beside Left
3-4 Step Right Side, Touch Left Beside Right
5-6 Step Left Side, Cross Right Slightly Behind Left
7-8 Turn ¼ Left Step Left Forward, Touch Right Beside Left 9.00

S 4 (25 – 32) PRISSY FORWARD, PRISSYS BACK

1-2 Cross Right Slightly Over Left, Hold
3-4 Cross Left Slightly Over Right
5-6 Step Right Back, Hold
7-8 Step Left Back, Hold Can touch On The Last Hold or Lift Into the Toe Strut

Last wall faces 9.00 DANCE UP TO COUNTS 24
THEN STEP, ½ PIVOT TO FACE FRONT WALL

I have made some fun walls on different walls to use lots of actions and arm movements

Begin Again

Watch The Video On Annemaree Sleeth Youtube
Email- Inlinedancing@Gmail.Com

Last Update: 8 Sep 2023