

Sundown

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Tracy Walters (CAN) - September 2023
音樂: Sundown - Gordon Lightfoot



Start on vocals

Lock Steps with Rock Steps

- 1&2. Step right foot forward, step left foot behind right foot, step right foot forward
- 3-4. Step (rock) forward on to left foot, step back in place onto right foot
- 5&6. Step left foot back, step right foot across left foot, step left foot back
- 7-8. Rock back on ball of right foot, step forward in place onto left foot

Rock Across, ¼ Turn Right and Shuffle Forward, Rock Across, ½ Turn Left and Shuffle Forward

- 9-10. Step right foot across left foot, step in place onto left foot
- 11&12. Make a ¼ turn to the right and shuffle forward (step right foot forward, step left foot next to right foot, step right foot forward)
- 13-14. Step left foot across right foot, step in place onto right foot
- 15&16. Make a ½ turn left and shuffle forward (step left foot forward, step right foot next to left foot, step left foot forward)

Syncopated Grapevine Right, 2 Kick- Ball Changes, Syncopated Grapevine Left, Coaster Step Forward, Coaster Step Back

- 17-18, &19-20. Step right foot to the side, step left foot behind right foot, step back on ball of right foot, step left foot across right foot, step right foot to the side
- 21&22. Kick left foot, step on ball of left foot, step right foot in place
- 23&24. Repeat steps 21&22

- 25-26, &27-28. Step left foot to the side, step right foot behind left foot, step back on ball of left foot, step right foot across left foot, step left foot to the side
- 29&30. Step right foot forward, step left foot next to right foot, step right foot back
- 31&32. Step left foot back, step right foot next to left foot, step left foot forward

Begin Again!

Tag 1 (at wall 2 after count 16)

- 1-4. Four steps in place (right, left, right, left)

Tag 2 (At wall 5 after count 24)

- 1-4. Left grapevine: step left foot to the side, step right foot behind left foot, step left foot to the side, tap right toes next to left foot

Tag 3 (At wall 8 after count 8)

- 1-4. Four steps in place (right, left, right, left)
-