

Sleeping Like an Angel

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jeanette Pavolich (USA) - September 2023
音樂: Reason to Stay - Brett Young



Restart : Wall 2 after 16 counts

Tag - End of Wall 3

Restart: Wall 5 after 16 counts

Section 1: WALK FORWARD X3, KICK, WALK BACK X2, COASTER STEP

1-2-3-4 Walk forward right, left , right, kick left

5-6-7-8 Walk back left, right ,left, right left

Section 2: Sugar Foot Right & Sugar Foot Left

1 & 2 Tap RT Toe , RT Heel Step RT Foot FW

3 & 4 Tap LT Toe , LT Heel Step LT Foot FW

JAZZ BOX 1/4 TURN

5-6-7-8 Step RT over left , Step LT 1/4 Turn , Step RT , Step LT close to RT

Section 3: MONTEREY

1-2-3-4 Touch RT Foot to R, Turn 1/4 RT closing RT Foot next to LF, Touch LT Foot LT, Close LT Foot next to RT

SHUFFLE BACK & COASTER STEP

5 & 6 Step RT Foot Back closing LT Close to RT , Step RT Foot FW

7 & 8 Step LT Foot Back, Step RT Foot Forward, Closing LT next to RT

Section 4: Walk forward x 2 shuffle, forward, pivot 1/2, shuffle forward

1-2-3-4 Walk RT foot, LT foot, shuffle forward

5-6-7-8 Pivot 1/2, shuffle forward

Enjoy !

They Call it Dance... I call it LIFE ♥☐

Last Update: 13 Oct 2024