拍數： 64
求數： 1
級數：Advanced－Rolling 8／Viennese Waltz

編舞者：Bradley Mather（USA）－September 2023
音樂：Lose Control－Teddy Swims

## INTRO－4 counts

RESTART－After 15 counts of Wall 3，slight step change．Restart at count 33.
Section 1：（1－8）BACK，HOOK，STEP 1⁄8 SWEEP，CROSS，SIDE TOGETHER，BALL CROSS ¼ X2，BALL， BACK ROCK $1 / 4,13 / 4$ TURN W／HITCH
1\＆a $\quad$ Start facing 10：30 and step $L$ back hooking $R$ leg across $L$（10：30）
2\＆a Step $R$ leg forward sweeping $L$ from back to front turning $1 / 8$ right（12：00）
3a4 Cross $L$ over $R$ ，step $R$ to $R$ ，step $L$ next to $R$（12：00）
a5 Step $R$ to $R$ turning $1 / 4 /$ left，cross $L$ over $R(9: 00)$
a6 Step $R$ to $R$ turning $1 / 4 /$ left，cross $L$ over $R(6: 00)$
a7 Step $R$ to $R$ turning $1 / 41 /$ left，rock $L$ foot back（3：00）
8\＆a Step $R$ forward，turn $1 / 2$ right stepping $L$ back，turn $1 / 2$ right stepping $R$ forward（3：00）
1\＆a Step $L$ forward and finish $3 / 4$ turn right hitching up $R$ leg（12：00）
Section 2：（9－16）SWAY X2，WEAVE，BACK TWINKLE X2，BACK DRAG，RUN X3
2\＆a $\quad$ Step $R$ down and sway $R$（12：00）
3\＆a Sway L（12：00）
4\＆a Cross R over $L$ ，step $L$ to $L$ ，cross $R$ behind L（12：00）
5\＆a $\quad$ Rock $L$ to $L$ ，recover to $R$ ，cross $L$ behind $R(12: 00)$
6\＆a $\quad$ Rock $R$ to $R$ ，recover to $L$ ，cross $R$ behind L（12：00）
7
8\＆a Step $R$ forward turning $1 / 8$ right，step $L$ forward，step $R$ forward（1：30）
＊RESTART：On wall 3，change last counts of this set to 8a by stepping $R$ side and $L$ together and restarting at count 33

Section 3：（17－24）STEP \＆SWEEP 3／8，TOUCH，WALK X2，PIVOT ½，¼，SIDE BACK ROCK X2，BACK， WEAVE
1\＆a Step L forward，sweep $R$ from back to front turning $3 / 8$ left lifting $L$ arm up to comb hair with fingers pointing to $R$ ear（9：00）
2\＆a $\quad$ Touch $R$ forward with $R$ knee bent rolling $R$ wrist out and snapping $R$ hand（9：00）
3\＆a
4a
5\＆a
Step R forward（9：00）
Step $L$ forward，turn $1 / 2$ right stepping $R$ forward（3：00）
Step $L$ to $L$ turning $1 / 4$ right，rock $R$ back，recover onto $L$（6：00）
6\＆a Step R to R，rock L back，recover onto R（6：00）
7 Step L to L（6：00）
8\＆a Cross $R$ behind $L$ ，step $L$ to $L$ ，cross $R$ over $L$ turning $1 / 8$ left（4：30）
Section 4：（25－32）STEP，BRUSH，HITCH，BACK，COASTER \＆SWEEP，EXTENDED WEAVE W／SWEEP， CROSS BEHIND， $11 / 2$ TURN
1\＆a Step L forward，brush $R$ forward，hitch $R$ leg（4：30）
2
3\＆a Step L back，step $R$ next to $L$ ，step $L$ forward（4：30）
4
5\＆a
Step $R$ forward sweeping $L$ from back to front and turning $1 / 8$ right（6：00）
Cross $L$ over $R$ ，step $R$ to $R$ ，cross $L$ behind $R$（6：00）
6\＆a $\quad$ Step $R$ to $R$ ，cross $L$ over $R$ ，step $R$ to $R$（6：00）
7\＆a Cross $L$ behind $R$ sweeping $R$ from front to back（6：00）

8\&a Touch $R$ behind $L$, turn $1 \frac{1}{2}$ right on right foot, step $L$ down (12:00)
*Easier option: turn $1 / 2$ right

## Section 5: (33-40) SWAY X3, REACH, SIT 1⁄8 R, STAND UP, RUN X2, SIDE

1\&a Step $R$ to $R$ swaying $R$ (12:00)
2\&a $\quad$ Sway $L$, reaching $L$ arm to left side (12:00)
3\&a $\quad$ Sway $R$, reaching $R$ arm to right side (12:00)
4\&a Step $L$ to $L$ reaching both arms up, crossing arms over head (12:00)
5\&a Turn $1 / 8$ right as you sit back onto $R$ leg and bring crossed arms down over chest (1:30)
6\&a Keep sitting on R leg(1:30)
7\&a Stand up onto L leg (1:30)
8\&a Step $R$ forward dropping arms, step $L$ forward, step $R$ to $R(1: 30)$
Section 6: (41-48) REACH X2, CROSS ARMS, SWAY X3, TWINKLE \& ½ HINGE X2
1\&a Reach $R$ arm forward, reach $L$ arm forward, cross arms over chest (1:30)
2\&a $\quad$ Sway $L$ pushing arms down to sides (1:30)
3\&a Sway R (1:30)
4\&a Sway L (1:30)
5\&a Cross $R$ over $L$, step $L$ to $L$, turning $1 / 8$ right step $R$ to $R(3: 00)$
6\&a Cross $L$ over $R$, turn $1 / 4$ left stepping $R$ back, turn $1 / 4$ left stepping $L$ to $L$ (9:00)
7\&a $\quad$ Cross $R$ over $L$, step $L$ to $L$, turning $1 / 8$ right step $R$ to $R(10: 30)$
8\&a Cross $L$ over $R$, turn $1 / 4$ left stepping $R$ back, turn $1 / 4$ left stepping $L$ to $L(4: 30)$

## Section 7: (49-56) CROSS ROCK, STEP BACK \& SWEEP X3, SEAWEED ARMS, FULL TURN L (w/

 WINDMILL ARMS)| 1 | Cross R over $L(4: 30)$ |
| :--- | :--- |
| 2 | Step Back on $L$ sweeping $R$ from front to back (4:30) |
| 3 | Step Back on $R$ sweeping $L$ from front to back $(4: 30)$ |
| 4 | Step Back on $L$ sweeping $R$ from front to back $(4: 30)$ |
| $5 \& a$ | Step R back lifting $R$ arm up starting with elbow as if seaweed moving through water while <br> moving left hand down in same fashion $(4: 30)$ |
| $6 \& a$ | Weight stays back on $R$. Switch arms as you lean backwards, switch arms as you lean <br> backwards (4:30) <br> switch arms as you lean backwards bringing $R$ arm up and over head and then down behind <br> you as you lean backwards, while lifting $L$ leg (4:30) |
| 7 | Step L forward bringing $L$ arm down and right arm up with locked elbows, turn $1 / 2$ left stepping <br> back on $R$ and switching arms, turn $1 / 2$ left stepping forward on $L$ and switching arms (4:30) |

## Section 8: (57-64) CHASE ½, STEP, SAMBA, HEEL GRIND CROSS BACKS X2, CROSS ROCK SIDE ¼, FULL TURN CHASE

1\&a Step $R$ forward, turn $1 / 2$ left stepping forward onto $L$, step $R$ forward (10:30)
2
3a $\quad$ Cross $R$ over $L$, step $L$ to $L$ (12:00)
4
5\&a
Step $R$ to $R$ turning $1 / 8$ to right ( $1: 30$ )
Place $L$ heel across right with weight, rotate slightly left as you replace weight onto $R$, step $L$ to $L$ (10:30)
6\&a Place $R$ heel across left with weight, rotate slightly right as you replace weight onto $L$, step $R$ to R (1:30)
7\&a Cross $L$ over $R$, recover onto $R$, step $L$ to $L$ turning $1 / 4$ left (10:30)
8\&a Step R forward, turn $1 / 2$ left stepping $L$ forward, turn $1 / 2$ left stepping $R$ back (10:30)

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