

Humil

拍數: 32 牆數: 2 級數: Novice
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音樂: Humble - Ian Munsick



Intro: 48 counts

RF = Right foot

LF = Left foot

[1-8] WALK fwd (R-L), COASTER STEP (R), WALK fwd (L-R) STEP (L), ½ TURN to right, STEP(L)

1 - 2 Step RF forward, Step LF forward
3 & 4 Step RF back, Step LF next to RF, Step RF forward
5 - 6 Step LF forward, Step RF forward
7 & 8 Step LF forward, ½ turn to right, Step LF forward (6h)

[9-16] POINT (R), CROSS (R), POINT (L), CROSS (L), JAZZTRIANGLE (R)

1 - 2 Touch right point ot right, Step Cross RF forward over LF
3 - 4 Touch left point to left, Step Cross LF forward over RF
5 - 6 Cross RF over LF, Step LF back
7 - 8 Step RF to right, Step LF next to RF

[17-24] SWITCHETS, (R & L), STOMP UP X 2 (R), SWITCHETS, (L&R) HEEL (L) ¼ TURN to left HOOK (L)

1 & 2 Touch right heel forward, Step RF next LF, Touch left heel forward
& 3-4 Step LF next to RF, Stomp RF without leaving the weight, Stomp RF without leaving the weight
& 5 & 6 Step RF in place, Touch left heel forward, Step LF next to RF, Touch right heel forward
& 7 - 8 Step RF next to LF, Touch left heel forward, ¼ turn to left with left Hook over RF (3h)

[25-32] STEP (L), LOCK (R), STEP (L), LOCK (R), STEP (L), STEP (R), ¼ TURN to left, SCOOT (L) with ¼ to left x2

1 - 2 Step LF forward, Cross RF behind LF
3 & 4 Step LF forward, Cross RF behind LF, Step LF forward
5 - 6 Step RF forward, ¼ turn fo left (12h)
7 - 8 Scoot LF with ¼ turn to left, Scoot LF with ¼ turn to left (6h)

START AGAIN

TAG: After 3rd, 6th & 9th walls add 24 counts. Always start by looking at 6 o'clock

[1-8] WALK fwd (R-L), COASTER STEP (R), WALK fwd (L-R) STEP (L), ½ TURN to right, STEP(L)

1 - 2 Step RF forward, Step LF forward
3 & 4 Step RF back, Step LF next to RF, Step RF forward
5 - 6 Step LF forward, Step RF forward
7 & 8 Step LF forward, ½ turn to right, Step LF forward (12h)

[9-16] STOMP(R), STOMP(L), CLAP, CLAP, HEEL FAN (R & L), CHASSE (R)

9 -10 Stomp RF, Stomp LF
11-12 Clap, Clap
&13 &14 Turn right heel inside, recover heel in place, Turn left heel inside, recover heel in place
15 & 16 Step RF to right, Step LF next to RF, Step RF to right

[17-24] STOMP(L), STOMP(R), CLAP, CLAP, HEEL FAN (L & R), CHASSE (L)

9 -10 Stomp LF, Stomp RF
11-12 Clap, Clap

&13 &14
15 & 16

Turn left heel inside, recover heel in place, Turn right heel inside, recover heel in place
Step LF to left, Step RF next to LF, Step LF to left
