

# Some Days

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Gary Steele (UK) - 16 August 2023  
音樂: Some Days - Brent Morgan



## Section 1 - Basic Nightclub, ½ Behind Side Cross Rock & Cross Rock

- 1-2&      Step right to right side, rock back onto left, recover weight right.
- 3-4&      Make ½ right stepping back onto left, cross right behind left, step left to left side. (6.00)
- 5-6&      Cross rock right over left, recover weight left, close right next to left.
- 7-8&      Cross rock left over right, recover weight right, close left next to right. (7.30)

## Section 2 - Back rock, 1/2 Back Sweep, Back Sweep, 1/8 Rock Back, Forward Rock, Side Rock

- 1-2&      Rock back onto right, recover weight left, ½ left stepping back onto right. (1.30)
- 3-4      Step back left sweeping right from front to back, step back right, sweeping left from front to back.
- 5-6      1/8 Turn left rocking back onto left, recover weight right. (12.00)
- 7&8&      Rock forward onto left, recover weight right, rock left to left side, recover weight right.

Restart here: Wall 3

## Section 3 - Back Rock, ½ Step, Coaster, Walk x3, Chase ½

- 1-2&      Rock back onto left, recover weight right, ½ right stepping back onto left. (6.00)
- 3&4&      Step back onto right, step left back, close right next to left, step forward onto left.
- 5-7      Walk forward right, left, right.
- 8&1      Step forward onto left, pivot ½ right stepping onto right, step forward onto left. (12.00)

## Section 4 - Chase ½, Shuffle Rock, Reverse Rocking Chair

- 2&3      Step forward onto right, pivot ½ left stepping onto left, step forward onto right. (6.00)
- 4&5      Shuffle forward left, right, rock forward onto left.
- 6&      Recover weight onto right, close left next to right.
- 7&8&      Rock back onto right, recover weight left, rock forward onto right, recover weight left.

Restart - Wall 3 – Dance up to count 8 of Section 2 then replace the '&' with a touch

- 7&8&      Rock forward onto left, recover weight right, step left to left side, touch right next to left.