

Yellow Fields

拍數: 48 牆數: 2 級數: Improver
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音樂: Yellow Fields - Alice Bange



Intro: Quick start! Dance starts on "member" in the word remember.

Section 1: Walk, walk, R mambo step, L back lock back, R shuffle ½ R.

1,2 3&4 Walk fwd on R, L, rock fwd on R, recover on L & step back on R
5&6 L back & cross R over L, L back
7&8 ¼ turn R step R to side & L together, ¼ turn R step fwd on R [6:00]

Section 2: Step turn ¼ R, cross shuffle, side, behind, chassé ¼ R.

1,2 3&4 Step fwd on L make a ¼ turn R, take weight onto R foot, Cross L over R & R to R side, cross
L over R [9:00]
5,6 7&8 step R to R side, L behind, R to R side & L together & ¼ turn R step fwd on R [12:00]

Section 3: Step turn ¼ R x 2, cross, side, sailor step

1,2,3,4 step fwd on L make a ¼ turn R, take weight onto R foot, step fwd on L make a ¼ turn R, take
weight onto R foot [6:00]
5,6 7&8 cross L over R, step R to R side, sweep L behind R & R slightly to R side, L to L side

Section 4: Rock Fwd, recover, shuffle ½ R, full turn R, shuffle fwd R

1,2 3&4 rock fwd on R, recover on L, ¼ turn R step R to R side & L together, ¼ turn R step fwd on R
[12:00]
5,6 7&8 ½ turn R stepping back on L, ½ turn R stepping fwd on R, step fwd on L & R together, fwd on
L [12:00]

**Non turning option for full turn: walk fwd on L & R
tag + restart here on wall 5**

Section 5: Step turn ¼ L, kick ball change x 2

1,2 3&4 step fwd on R make ¼ turn L, take weight onto L foot, kick R foot fwd & step R in place, step
L in place [9:00]
5,6 7&8 step fwd on R make ¼ turn L, take weight onto L foot, kick R foot fwd & step R in place, step
L in place [6:00]

Restart here on wall 2 and 4

Section 6: Cross rock step, chassé R, cross, back, coaster step

1,2 3&4 R cross rock over L, recover on L, step R to R side & L together, R to R side
5,6 7&8 cross L over R, step back on R, step back on L & R together, step fwd on L

Restarts on wall 2,4 and 5

Tag on wall 5: Rocking chair: rock fwd on R, recover on L, rock back R, recover on L