

I Am the Best

COPPERKNOB
BY EPOCHS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Nia (INA) - September 2023
音樂: I Am the Best (내가 제일 잘나가) - 2NE1



No Tag - No Restart

Intro : 16 count

SECTION 1 : HEEL TOUCH, TOE TOUCH & LOCK DIAGONAL SHUFFLE (R-L)

1-2 touch R heel slightly forward (1), touch R toe beside L (2)
3&4 step R forward diagonal Right (3), step L behind R (&), step R forward diagonal Right (4)
5-6 touch L heel slightly forward (5), touch L toe beside R (6)
7&8 step L forward diagonal Left (7), step R behind L (&), step L forward diagonal Left (8)

SECTION 2 : PIVOT ½ & FORWARD SHUFFLE (R-L)

1-2 step R forward (1), turn ½ left (2)
3&4 step R forward (3), close L forward together (&), step R forward (4)
5-6 step L forward (5), turn ½ right (6)
7&8 step L forward (7), close R forward together (&), step L forward (8)

SECTION 3 : V STEP & ¼R V STEP

1-2 step R diagonal forward (1), step L diagonal forward (2)
3-4 step R back to center (3), close L beside R (4)
5-6 step R diagonal forward turn ¼ R (5), step L diagonal forward (6)
7-8 step R back to center (7), close L beside R (8)

SECTION 4 : SIDE TOUCH (R-L), SWAY (R-L)

1-2 step R to R side (1), touch L slightly beside R (2)
3-4 step L to L side (3), touch R slightly beside L (4)
5-6-7-8 sway R-L-R-L

Nia
ULD Sumut ♥