Hi, Barbie!

拍數: 32

級數: Intermediate

編舞者: Terence Ng (USA) - August 2023

音樂: Dance The Night - Dua Lipa

Intro: 16 Counts

Tag 1 happens 16 counts into Wall 2 followed by a restart, Tag 2 after Wall 3, Tag 1 again after Wall 4

[1-8] SLIDE L, BALL FORWARD, TOE TOUCH, JAZZ BOX W/CROSS

- 1 2 Slide left on L, holding for 2
- &3, 4 Step on ball of R, step forward on L, touch R toe to right side
- 5,6,7,8 Cross R over L, step L back, step R to right side, step L across R

[9 - 16] R DIAGONAL SHUFFLE, L DIAGONAL SHUFFLE, R CROSS W/FULL SPIN, CLAPS

- 1&2 Step R to right diagonal, step L to meet R, step R to right diagonal
- 3&4 Step L to left diagonal, step R to meet left, step L to left diagonal
- 5 8 Cross R over L and unwind over left shoulder for a full turn over 3 counts, holding on 8 (12:00)

Hands: Roll your arms above you to your right (1 - 2), and switch to the left (3 - 4)While unwinding, throw your arms up to left and around, bringing them down as you complete the turn (5 - 7)and slap your hips twice or clap twice (&8)

[17 – 24] BODY ROLLS LEFT X2, ROLLING VINE R, TOE CROSS POINT SNAP

- 1,2 Step L out to left side, rolling body from right to left, taking weight on L, bringing R to meet L,
- &3,4 Push on ball of R stepping L out to left side, rolling body from right to left, taking weight onto L, bringing R to meet L
- 5,6,7,8 Full turn to the right, stepping R, L, R, pointing L toe behind R and snapping R fingers to the right

Hands: During body rolls, broadly sweep left arm out to the left from your chest and around to touch your chest again (1 - 2, 3 - 4)

[25 – 32] STEP HIP PUSH X2, SHUFFLE BACK, LEFT ROCK BACK RECOVER

- 1,2 Step L to left, leaning body slightly forward, slide R to left foot, taking weight and tilting body slightly back while pushing hips forward. Legs will be oriented toward 9:00, but torso will present to 12:00.
- 3,4 Repeat, touching R toe to L instead of taking weight
- 5&6 Shuffle back R, L, R back as you square ¼ turn left to 9:00
- 7,8 Rock back on L, recover onto R

Hands: During the step hip pushes, on each L step forward, dip R arm horizontally across torso toward 9:00 (1), pulling arm back across as you slide R foot in (2), repeat (3 - 4)

Tag 1: After 16 Counts of Wall 2 (9:00), and following Wall 4 (3:00), perform the following 10 counts: [1 – 10] SIDE STEP BEHIND CROSS TOE TOUCH X4, LEFT ROCK BACK RECOVER

- 1,2 Step L to left side, cross touch R toe behind L
- 3,4 Step R to right side, cross touch L toe behind R
- 5,6 Repeat 1 2
- 7,8 Repeat 3 4
- 9,10 Rock back on L, recover onto R

Tag 2: Following Wall 3 (6:00), perform the following 4 counts:

- [1-4] BOX STEP W/CROSS
- 1,2 Step L forward to left diagonal, step R forward to right diagonal
- 3,4 Step L back to L diagonal, cross R over L





牆數:4

Last Update: 20 Jul 2024