

Yesterday

拍數: 32 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - September 2023
音樂: Yesterday - Tiësto : (Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 32 counts)

[S1] Kick, Ball-Step, Kick-Ball-Tap-&, Behind w/ Sweep, Behind-1/4R-Kick-Ball-Tap-1/4L-

1 2& Kick forward on R, Ball step R in place, Step forward on L
3&4& Kick diagonally forward on R, Ball step R in place, Tap L toe behind, Step L to the side
5 Step R behind L sweeping L around
6& Step L behind R, Make a ¼ turn right stepping forward on R (3:00)
7&8 Kick diagonally forward on L, Ball step L in place, Tap R toe behind
& Make a ¼ turn left stepping back on R (12:00)-prep for triple turn L

[S2] -Triple 3/4L, 2x Swivet R, 1/4R, Coaster Step, 1/2R

1&2 Making a ¾ turn triple step left on L-R-L complete the step by positioning your feet shoulder-width apart (3:00)
&3 Twist both toes to R weight on R heel and ball of L, Return to the centre
&4 Twist both toes to R weight on R heel and ball of L, Return to the centre
5 Make a ¼ twist by turning on the balls of both feet (12:00)
6&7 Step back on L, Step R next to L, Step forward on L
8 Make a ½ turn right recover weight on R (6:00)

[S3] Side, Back Rock, Side-Behind-1/4R Shuffle Fwd, Step-Pivot 1/4R-Touch Across, Scissor-Cross-

1 2& Step L to the side, Rock back on R, Replace weight on L
3& Step R to the side, Step L behind R
4&5 Make a ¼ turn right stepping forward on R (9:00), Step L close, Step forward on R
6&7 Step forward on L, Make a ¼ turn right recover weight on R (12:00), Touch L toes across R
8&1 Step L to the side, Step R next to L, Cross L over R

[S4] -1/4L-Side-Touch Across, 1/4L w/ Hitch, 1/4R, Fwd, Chase Turn 1/2R-Fwd

2&3 Make a ¼ turn left stepping back on R (9:00), Step L to the side, Touch R toes across L
4 Make a swift ¼ turn left stepping back on R /hitch L knee forward (6:00)
5 6 Step down on L foot making a ¼ turn right (9:00), Step forward on R
7&8 Step forward on L, Make a ½ turn right recover weight on R (3:00), Step forward on L

No tags or restarts

Ending suggestion: The last wall finishes facing 3:00. Make a ¼ turn left stepping R to the side (12:00)

(updated: 6/Sept/23)