

# La Vida Me Cambio

COPPERKNOB  
STEPPSHEETS

拍數: 32      牆數: 4      級數: High Beginner  
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音樂: La Vida Me Cambió - Diana Fuentes & Gente de Zona



#4 Restarts : on walls 3 , 5 , 7 , 9 after 16 counts  
Into 16 counts

## S.1 WALK FORWARD 2 COUNT- FORWARD SHUFFLE - FORWARD MAMBO - BACK SHUFFLE

1 2            Walk forward Rf - Lf  
3 & 4        Step Rf forward - Step Lf close behind Rf - Step Rf forward  
5 & 6        Step Lf forward - Recover on Rf - Step Lf slightly back  
7 & 8        Step Rf back - Step Lf close to Rf - Step Rf back

## S.2 WALK BACK 2 COUNT- COASTER STEP - JAZZ BOX 1/4 R

1 2            Walk back Lf - Rf  
3 & 4        Step Lf back - Close Rf beside Lf - Step Lf forward  
5 6           Step Rf forward - Step Lf back  
7 8           Turn 1/4 right Step Rf to side - Step Lf forward

\* RESTART HERE ON WALL 3 , 5 , 7 , 9

## S.3 DIAGONAL SHUFFLE R & L

1 & 2        Step Rf diagonal forward R - Step Lf close behind Rf - Step Rf diagonal forward R  
3 & 4        Step Lf diagonal forward L - Step Rf close behind Lf - Step Lf diagonal forward L  
5 &        Step Rf diagonal back - Touch Lf beside Rf  
6 &        Step Lf diagonal back - Touch Rf beside Lf  
7 & 8        Step Rf diagonal back - Touch Lf beside Rf - Step Lf to side

## S.4 DIAGONAL SYNCOPATED ROCKING CHAIR R & L

1 & 2 &     Step Rf diagonal forward L - Recover on Lf - Step Rf back - Recover on Lf  
3 & 4        Step Rf diagonal forward L - Recover on Lf - Step Rf to side  
5 & 6 &     Step Lf diagonal forward R - Recover on Rf - Step Lf back - Recover on Rf  
7 & 8        Step Lf diagonal forward R - Recover on Rf - Step Lf to side

HAVE FUN & ENJOY ...