Aku Bahagia



拍數: 64 編數: 4 級數: Phrased Intermediate

編舞者: Cindy Elsy (INA) & Tanti Damayanti (INA) - September 2023 音樂: Aku Bahagia - Tanti Damayanti ft Anak Tongkrongan Musik



Sequence A-A-A(16)-A-A-A(8)-Tag-B-B-B-B-B Intro 32 Count

A. 32 Counts

I. Walk Forward, Lock Shuffle, Pivot 1/4 Turn, Cross Shuffle

1,2 Step Rf forward, step Lf forward

3&4 Step Rf forward, lock Lf behind Rf, step Rf forward

5,6 Step Lf forward, ¼ turn right step on Rf

7&8 Cross Lf over Rf, step Rf to right, cross Lf over Rf

II. ½ Turn L, Cross Shuffle, Side Rock, Behind Side Cross

1,2 ¼ turn left step Rf to back, ¼ turn left step Lf to left side

3&4 Cross Rf over Lf, step Lf to left, cross Rf over Lf

5,6 Rock Lf to side, Recover Rf

7&8 Step Lf behind Rf, Step Rf to side, L cross Lf over Rf

III. Side, Close Together, 1/4 Turn R Side, Close Together, Pivot 1/4 Turn R, Pivot 1/2 Turn R, Lock Shuffle

1,2& Step Rf beside Lf, step Lf in place, step Rf in place

3,4& ¼ Turn R step Lf beside Rf, step Rf in place, step Lf in place

5,6,7 Step Rf to side, ¼ turn right step Lf forward, ½ turn right step Rf forward

8&1 Step Lf forward, lock Rf behind Lf, step Lf forward

IV. Cross Mambo, Forward, ½ Turn R Step Back, Coaster Step

2&3 Rock Rf over Lf, recover on Lf, step Rf to right side 4&5 Rock Lf over Rf, recover on Rf, step Lf to left side

6,7 Step Rf forward, ½ turn R step Lf back

Step Rf back, close Lf next to Rf, step Rf forward

B. 32 Counts

I. Botafogo, Mambo Step, Step Forward, Close

1a2 Cross Rf over Lf, Rock Lf to left side, Recover on Rf 3a4 Cross Lf over Rf, Rock Rf to right side, Recover on Lf

5&6& Rock Rf forward, Recover on Lf, Rock Rf back, Recover on Lf

7,8 Step Rf forward, step Lf beside Rf

II. Samba Whisk 1/4 Turn L, Volta 1/2 Turn R

1a2 1/4 turn L Step Rf to right side , Rock Lf behind Rf, Recover on Rf

3a4 Step Lf to left side, Rock Rf behind Lf, Recover on Lf

5&6& 1/8 turn R step Rf forward, step ball Lf together, 1/8 turn R step Rf forward, step ball Lf

together

7&8 1/8 turn R step Rf forward, step ball Lf together, 1/8 turn R step Rf forward

III. Syncopated Cross

1&2& Cross Lf over Rf, step ball of Rf slightly beside Lf, cross Lf over Rf, step ball of Rff slightly

beside Lf

3&4 Cross Lf over Rf, step ball of Rf slightly beside Lf, cross Lf over Rf

5&6& Cross Rf over Lf, step ball of Lf slightly beside Rf, cross Rf over Lf, step ball of Lf slightly

beside Rf

7&8 Cross Rf over Lf, step ball of Lf slightly beside Rf, cross Rf over Lf

IV. Samba Basic, Step Side, Close

1a2	Step Lf forward, step ball of Rf beside Lf, step ball of Lf on place
3a4	Step Rf to back, step ball of Lf beside Rf, step ball of Rf on place
5a6	Step Lf to left side, step ball of Rf beside Lf, step ball of Lf on place

7,8 Step Rf to right side, step Lf beside Rf

Restart on wall 4 after 16 counts

Restart on wall 7 after 8 counts & Tag 4 Counts Paddle Turn

1,2 Step Rf forward, ½ turn L weight on Lf 3,4 Step Rf forward, ½ turn L weight on Lf

Last Update - 19 Oct. 2023 - R1