

Damelo

拍數: 64 牆數: 2 級數: Phrased Intermediate
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音樂: DAMELO (feat. Hard Lights) - DOLLA



Sequence : AAB AAB ABA

PART A (32 count)

I. SAMBA WHISK, ¾ VOLTA TURN R

1 a 2 Step Rf to right side, Rock cross Lf behind Rf, Recover on Rf
3 a 4 Step Lf to left side, Rock cross Rf behind Lf, Recover on Lf
5&6& ¼ turn R Step Rf forward, Step Lf next to Rf, ¼ turn R Step Rf forward, Step Lf next to Rf
7 & 8 1/8 turn R Step Rf forward, Step Lf next to Rf, 1/8 turn R Step Rf forward

II. FORWARD, ½ TURN L BACK, COASTER, LIFT HIP

1 – 2 Step Lf forward, ½ turn L Step back on Rf
3 & 4 Step back on Lf, Step Rf next to Lf, Step Lf forward
5 – 8 Step Rf next to Lf and lift hip R,L,R,L

III. ROCK CROSS, ¼ TURN R CROSS SHUFFLE, ½ TURN L CROSS SHUFFLE

1 & 2 Rock cross Rf over Lf, Recover on Lf, Step Rf to right side
3 & 4 Rock cross Lf over Rf, Recover on Rf, Step Lf to left side
5 & 6 ¼ turn R Cross Rf over Lf, Step Lf next to Rf, Cross Rf over Lf
7 & 8 ½ turn L Cross Lf over Rf, Step Rf next to Lf, Cross Lf over Rf

IV. SIDE MAMBO, FORWARD, ½ PIVOT, WALK

1 & 2 Rock Rf to right side, Recover on Lf, Step Rf next to Lf
3 & 4 Rock Lf to left side, Recover on Rf, Step Lf next to Rf
5 – 6 Step Rf forward, ½ turn L (weight on Lf)
7 – 8 ½ turn L Step back on Rf, ½ turn L Step Lf forward

PART B (32 count)

I. BOTAFOGO, DIAMOND 3/8 TURN R

1 a 2 Cross Rf over Lf, Rock Lf to left side, Recover on Rf
3 a 4 Cross Lf over Rf, Rock Rf to right side, Recover on Lf
5&6& Cross Rf over Lf, Step Lf to left side, 1/8 turn R Step back on Rf, Hitch on Lf
7 & 8 Step back on Lf, 1/8 turn R Step Rf to right side, 1/8 turn R Step Lf forward

II. 1/8 TURN R BOTAFOGO, DIAMOND ¼ TURN R

1 a 2 1/8 turn R Cross Rf over Lf, Rock Lf to left side, Recover on Rf
3 a 4 Cross Lf over Rf, Rock Rf to right side, Recover on Lf
5&6& Cross Rf over Lf, Step Lf to left side, 1/8 turn R Step back on Rf, Hitch on Lf
7 & 8 Step back on Lf, 1/8 turn R Step Rf to right side, 1/8 turn R Step Lf forward

III. ¼ TURN R FORWARD, WEAVE 1/8 TURN L

1&2& ¼ turn R Step Rf forward, Step Lf behind Rf, Step Rf forward, Step Lf behind Rf
3 & 4 Step Rf forward, Step Lf behind Rf, Step Rf forward
5 & 6 Cross Lf over Rf, 1/8 turn L Step Lf to left side, Cross Lf behind Rf sweep Rf from front to back
7&8& Cross Rf behind Lf, Step Lf to left side, Step Rf over Lf, Step Lf next to Rf

IV. CROSS, HOLD, SIDE, CROSS SHUFFLE, ¼ TURN L FORWARD, ½ TURN L BACK, COASTER

1 – 2& Cross Rf over Lf, Hold, Step Lf next to Rf

3 & 4 Cross Rf over Lf, Step Lf next to Rf, Cross Rf over Lf
5 – 6 ¼ turn L Step Lf forward, ½ turn L Step back on Rf sweep Lf from front to back
7 & 8 Step back on Lf, Step Rf next to Lf, Step Lf forward

After doing part A, make ¼ turn L and start the next part

Enjoy the dance

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