

# Eatin' Right and Drinkin' Bad

COPPER KNOB  
BY STEPHEN T. C.

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Janet (Zhen Zhen) Ge (CN) - September 2023  
音樂: Eatin' Right and Drinkin' Bad - Ronnie Beard



(No Tag, One Restart)

Thanks my FB friend Ronnie Beard for recommending this song!

Intro: 32 counts

## Section1 Vaudeville R-L

1-4      Cross right over left, step left to side, touch right heel to diagonal R, step right next left  
5-8      Cross left over right, step right to side, touch left heel to diagonal L, step left next right

## Section2 1/4 Turn R Jazz Step, Heel Switch

1-4      Cross right over left, 1/4 turn R stepping left back, step right to side, cross left over right  
5-8      Touch right heel forward, step right next left, touch left heel forward, step left next right (3:00)

## Section3 1/4 Monterey Turn, Rocking Step

1-4      Point right to side, 1/4 turn R stepping right together, point left to side, step left together  
5-8      Rock right forward, recover on left, rocking right back, recover on left (6:00)

## Section4 Sugar Step, Forward, 1/4 Pivot Turn L

1-3      Touch right toe in, touch right heel out, cross right over left  
4-6      Touch left toe in, touch left heel out, cross left over right  
7-8      Step right forward, 1/4 pivot turn L weight on left (3:00)

Restart: After 16 counts on wall 4 facing to 12:00

Have Fun!

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