

# At Your Worst

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 2      級數: Improver  
編舞者: David LECAILLON (FR) - August 2023  
音樂: At Your Worst - Calum Scott



Start on lyric "at your worst"

Musical starting.

## section 1 : SIDE , DRAG , BACK ROCK, ¼ TURN R, ½ TURN R , TRIPLE FWD

1-2            big step on side, drag Lf next to Rf  
3-4            step Lf back, recover onto Rf  
5-6            ¼ turn R step Lf back, ½ turn R step Rf fwd 9:00  
7&8            step Lf fwd , step Rf next to Lf , step Lf fwd

## section 2 : WALK R L, ANCHOR STEP, PIVOT ½ TURN L, PIVOT ½ TURN L, COASTER STEP

1-2            step Rf fwd, step Lf fwd  
3&4            cross Rf behind Lf, recover onto Lf, recover onto Rf  
5-6            pivot ½ turn L step Lf fwd, pivot ½ turn L step Rf back  
7&8            step Lf back, step Rf next to Lf, step Lf fwd

## section 3 : CROSS, SWEEP, TRIPLE CROSS, SIDE ROCK, TRIPLE CROSS

1-2            cross Rf over Lf, sweep Lf back to front  
3&4            cross Lf over Rf, step Rf on side , cross Lf over Rf  
5-6            step Rf on side , recover onto Lf  
7&8            cross Rf over Lf, step Lf on side , cross Rf over Lf

## section 4 : PIVOT ¼ TURN R , PIVOT ½ TURN R, TRIPLE FWD, STEP FWD DIAGONALY, TOUCH , STEP FWD DIAGONALY, TOUCH

1-2            ¼ turn R step Lf back, pivot ½ turn R step Rf fwd 6:00  
3&4            step Lf fwd, step Rf next to Lf, step Lf fwd  
5-6            step Rf fwd diagonally, touch Lf next to Rf  
7-8            step Lf fwd diagonally, touch Rf next to Lf

start again with smile

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