# I Could Dance

拍數: 32

牆數:4

級數: Improver

編舞者: Steve Rutter (UK), Claire Rutter (UK) & Cheryl Carter (UK) - September 2023

音樂: Dance The Night - Dua Lipa



# SEC 1 SKATE, SKATE, SHUFFLE FORWARD, ROCK, COASTER

- Skate Right, skate Left 1-2
- 3&4. Step forward right, close left next to right, step forward right
- 5-6. Rock forward onto left, recover weight back on right
- 7&8. Step left back, close right next to left, step forward on left (12:00)

# SEC 2. KICK & POINT, KICK & POINT, PRESS & TWIST, JUMP BACK & CLAP

- Kick right forward, close onto right, point left toe to left side 1&2
- 3&4 Kick left forward, close onto left, point right to right side
- 5&6 Press ball of right forward, twist right heel to right & left
- Jump back right, left, clap twice (12:00) &7&8.

# SEC 3. CROSS ROCK, CHASSE 1/4, STEP 1/2, SHUFFLE FWD (OPTIONAL FULL TRIPLE TURN)

- 1-2. Cross rock right over left, recover weight back onto left
- 3&4. Step right to right side, close left next to right, turn 1/4 right stepping onto right (3:00)
- 5-6. Step forward left, turn right make 1/2 turn stepping onto right (9:00)
- 7&8. Step forward left, close right next to left, step forward left (optional turn : make a full turn right, travelling on left, right, left)

### SEC 4 ROCK FORWARD, ROCK FORWARD, POINT SIDE & SIDE, SAILOR

- 1-2& Rock forward onto right, recover weight back onto left, close right next to left,
- 3-4& Rock forward onto left, recover weight back onto right, close left next to right
- 5&6. Point right to right side, close right next to left, point left to left side
- 7&8. Cross left behind right, rock right to right side, recover onto left

### Start Again!

### TAG 1 : POSE!

To be danced on wall 2 after count 24 (end sec 3 facing 6:00) & wall 5 after count 8 (end sec 1 facing 12:00)

1-2. Freestyle pose.....ENJOY! & HAVE FUN!! (Making sure weight ends on left to begin the dance)

# TAG 2 : 'X' STEP FORWARD OUT, OUT, STEP BACK/OUT, BACK/OUT

### To be danced at the end of wall 3 (facing 3:00)

1-2-3-4 Step forward and out right, step forward and out left, step back and out right, step back and out left (Optional arms : both arms go up and over to the right on count 1, both arms go up and over to the left on count 2 and count 3 both arms go down and over to the right and count 4 down and over to the left

Ending : On the very last wall you finish the dance facing 9:00, clap hands together, turn 1/4 right and stomp forward facing the front.....enjoy your BIG FINISH!

Choreographers note : to help you recognise the 'pose' tag, after all you wouldn't want to miss it now ;) .....you hear "I Could Dance" three times before your tag

