The Girl In My Heart

拍數: 64   **牆數:** 4   **級數:** Intermediate

編舞者: Maria Tao (USA) - September 2023

音樂: I Love You Baby - Albert West

Intro: 32 counts
Note: Tag 1 (x3); Tag 2 (once); 1 Restart

[S1] RUMBA BOX, KICK
1-4	Step R to R, step L next to R, step R forward, hold
5-8	Step L to L, step R next to L, step L back, kick R forward

[S2] BACK, SCOOT/HITCH (R-L), COASTER CROSS, HOLD
1-4	Step R back, scoot R back hitching L, step L back, scoot L back hitching R
5-8	Step R back, step L beside R, cross R over L, hold

[S3] POINT, HITCH, POINT, HOLD, SAILOR CROSS, HOLD
1-4	Point L to L, hitch L slightly over R, point L to L, hold
5-8	Step L behind R, step R to R, cross L over R, hold

[S4] 1/4 MONTEREY TURN R, FLICK, SCISSOR CROSS, HOLD
1-4	Point R to R, 1/4 turn R stepping R next to L, point L to L, flick L behind R [3:00]
5-8	Step L to L, step R next to L, cross L over R, hold *** Restart here during WALL 5 ***

[S5] MAMBO CROSS, HOLD, 1/2 TURN R SIDE, CROSS, HOLD
1-4	Rock R to R, recover onto L, cross R over L, hold
5-8	1/4 turn R stepping L back, 1/4 turn R stepping R to R, cross L over R, hold [9:00]

[S6] SIDE ROCK, RECOVER 1/4 TURN R, STEP BACK, LIFT, SIDE, TOG, FWD, HOLD
1-4	Rock R to R, recover onto L turning 1/4 turn R, step R back, lift L next to R [12:00]
5-8	Step L to L, step R next to L, step L forward, hold

[S7] OUT, HOLD, OUT, HOLD, BACK, CROSS, 1/4 TURN R, HOLD
1-4	Step R outwards to R, hold, step L outwards to L, hold
5-8	Step R back, cross L over R, 1/4 turn R stepping R forward, hold [3:00]

[S8] FWD MAMBO, CROSS, BOUNCE HEELS 1/2 TURN L, HOLD
1-4	Rock L forward, recover onto R, step L back, cross R over L
5-8	Bounce both heels (x3) making 1/2 turn L, hold [9:00]

START AGAIN!

TAG 1: Add 4 counts tag after WALL 1 (facing 9:00), WALL 3 (facing 3:00) and WALL 6 (facing 12:00)
1-4	Step R to R, touch L next to R, step L to L, touch R next to L

TAG 2: Add 8 counts tag after WALL 2 (facing 6:00)
1-4	Rock R to R, recover onto L, cross R over L, hold
5-8	Rock L to L, recover onto R, cross L over R, hold

RESTART: On WALL 5 - dance up to count 32 - then restart the dance (facing 3:00)