

Gotta Keep Movin

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Laura Jackson (USA) - August 2023
音樂: Gotta Keep Movin - Ricky Cage



Intro: 32

Two restarts after 16 counts on walls 4 and 11

(1-8) Tap out in, slide with right. Tap out in, slide with left.

- 1-4 Tap right toe to right side, tap right toe beside left foot, step right to right, slide left to meet right
- 5-8 Tap left toe to left side, tap left toe beside right foot, step left to left, slide right to meet left foot

(9-16) ¼ turning V Step right, ½ turning V step left

- 1-4 Step right forward at a diagonal(1:30), Step left forward at a diagonal(10:30) Step right foot back making a ¼ turn right, tap left foot beside right foot.
- 5-8 Step left forward at a diagonal, step right forward at a diagonal, making a ½ turn to the left step forward with left, tap right beside left

Restart here on walls 4 and 11

(17-24) Grapevine Right, Grapevine left

- 1-4 Step right foot to right, step left beside right, step right to right, tap left beside right
- 5-8 Step left foot to left, step right beside left, step left to left, tap right beside left

(25-32) Toe struts moving forward, Pivot heel bounces turning ½ to left

- 1-4 Step forward with right ball of foot, drop right heel, step forward with left ball of foot, drop left heel.
- 5-8 Step forward with right foot, bouncing heels make ½ turn to left ending with weight on left foot.

On the last wall you will be facing 6:00, on counts 13-16, make a ¾ turn instead of ½ and you will be facing the front wall to end.
