

Lose Your Shoes (P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Improver - Partner / Circle
編舞者: Ryan Pascarella (USA) - March 2012
音樂: It Must Be Love - Alan Jackson
或: Why Don't We Just Dance - Josh Turner
或: Here for a Good Time - George Strait



Start dancing on lyrics

MAN'S STEPS

STEP, BRUSH, SHUFFLE, ROCK, RECOVER ¼ SHUFFLE (2 HAND HOLD)

1-2 Step right forward, brush left forward
3&4 Chassé forward left, right, left
5-6 Step right forward, recover back to left
7&8 Step right back turning a turn ¼ right, step left together, step right to side

WEAVE, ROCK RECOVER ¼ SHUFFLE(BACK TO SINGLE HAND HOLD)

1-2 Cross left over right, step right to side
3-4 Cross left behind right, step right to side
5-6 Cross/rock left over right, recover to right
7&8 Step left to side, step right together, step left to side making a turn ¼ left

STEP, TOUCH, BACK TOUCH SIDE TOGETHER SIDE TOUCH (SWITCH HANDS AS LADY CROSSES IN FRONT)

1-2 Step right diagonally forward, touch left together
3-4 Step left diagonally back, touch right together
5-6 Step right to side, step left together
7-8 Step right to side, touch left

SHUFFLE, COASTER STEP, ROCK, RECOVER, SHUFFLE (SWITCH HANDS AS LADY CROSSES IN FRONT)

1&2 Step left, right, left moving slightly to left, begin leading the lady across in front
3&4 Step slightly back on right, back together on left, slightly forward on right.
5-6 Rock left back, recover right forward
7&8 Chasse forward left, right, left.

LADY'S STEPS

STEP, BRUSH, SHUFFLE, ROCK, RECOVER ¼ SHUFFLE (2 HAND HOLD)

1-2 Step left forward, brush right forward
3&4 Chassé forward right, left, right
5-6 Step left forward, recover back to right
7&8 Step left back turning a turn ¼ left, step right beside right, step left to side

WEAVE, ROCK RECOVER ¼ SHUFFLE(BACK TO SINGLE)

1-2 Cross right over left, step left to side
3-4 Cross right behind left, step left to side
5-6 Cross/rock right over left, recover to left
7&8 Step right to side, step left together, step right to side making a turn ¼ right

STEP, TOUCH, BACK TOUCH SIDE TOGETHER SIDE TOUCH (SWITCH HANDS AS MAN CROSSES BEHIND)

- 1-2 Step left diagonally forward, touch right together
- 3-4 Step right to right side, touch left together
- 5-6 Step left to side, step right together
- 7-8 Step left to side, touch right

½ SHUFFLE, ¼ SHUFFLE, ¼ ROCK, RECOVER, SHUFFLE (SWITCH HANDS AS MAN CROSSES BEHIND)

- 1&2 Step right, left, right making ½ turn to face RLOD
- 3&4 Step left, right, left making a turn ¼ left
- 5-6 Rock right back turn ¼ right, recover left forward
- 7&8 Chassé forward right, left, right.

REPEAT
