Beer in My Hand

拍數: 32

級數: Beginner

編舞者: Juanita Henson (USA) - August 2023

音樂: But I Got A Beer In My Hand - Luke Bryan

One easy restart, after the 3rd. wall, facing 6:00 o'clock, do the first 8 counts and restart the dance.

Intro: 16 counts.

Section 1. (1-8) ROCK RIGHT FOOT OUT, RECOVER WEIGHT, RIGHT CROSS SHUFFLE.

- 1-2-3 & 4. Rock youright foot out to the right, recover weight onto your left, cross and cross the right over the left.
- 5-6-7 & 8. Rock your left foot out to the left, recover weight onto your right foot, cross and cross the left foot over the right.

Section 2. (1-8) ¼ RIGHT TURN MONTEREY X 2.

- 1-2-3-4. Touch you right foot to the right, drag right foot in as your turn 1/4 to the right, stepping on to the right foot, touch left foot to the left side, drag left foot in as you step on to your left foot.
- 5-6-7-8. Touch your right foot to the right, drag right foot in as you turn 1/4 to the right, stepping on to the right foot, touch left foot to the left side, drag left foot in as you step on to your left foot.

Section 3. (1-8) ROCK RIGHT FOOT FORWARD, RECOVER, RIGHT SHUFFLE BACK, ROCK LEFT BACK, RECOVER, LEFT SHUFFLE FORWARD.

- 1-2-3 & 4. Rock your right foot forward, recover weight to your left foot, step right foot back, step left foot next to right foot, step right foot back.
- 5-6-7 & 8. Rock your left foot back, recover weight on your right foot, step left foot forward, step right next to the left foot, step left foot forward.

Section 4. (1-8) RIGHT & LEFT TOE STRUTS, RIGHT COASTER CROSS AND CROSS.

- 1-2-3-4. Step right toe forward and drop the heel to the floor, putting weight on your right foot, step left toe forward and drop the heel to the floor, putting weight on your left foot.
- 5-6-7-8. Step your right foot back, step your left foot next to the right, cross the right foot over your left foot, weight is on your right foot, cross your left foot over your right foot, weight is your left foot.

END OF DANCE, ENJOY!

Last Update: 28 Sep 2024





牆數: 2