I Want It All Back



拍數: 32 牆數: 4 級數: Improver 編舞者: Larry Bass (USA) & Sue Ann Ehmann (USA) - August 2023

音樂: I Want It All Back - Gary Lowder & Smokin' Hot: (CD: Carolina Shag VI, iTunes)



Intro: 32 Counts (begin on lyrics) CW Rotation,

[1-8] BUMP & STEP, WALKWALK, ANCHOR STEP, COASTER

1&2 Touch right toe forward bump hip right, center, step right forward

3-4 Walk forward, left, right

Step left behind right, rock right forward, recover leftStep right back, step left beside right, step right forward

[9-16] STEP TAP, LOCK STEP BACK, 1/2 TURN LEFT, 1/4 TURN LEFT, BEHIND SIDECROSS*

1-2 Step left forward, tap right behind left

3&4 Step right back, step left across right, step right back

5-6 1/2 turn left stepping forward on left foot (5), 1/4 turn left, stepping right to side (6) (3:00)

7&8 Step leftbehindright, step right to side, step left across right

[17-24] HEEL GRIND 1/4 RIGHT, COASTER, STEP TOUCH, HIP BUMPS HIGH & LOW (DRESSER DRAWERS)

1-2	Touch right heel forward, grind right heel 1/4 right stepping left back (6:00)
1 4	Todon right neer lorward, grind right neer 1/4 right stepping left back (0.00)

3&4 Step right back, step left beside right, step right forward

5-6 Step left forward, touch right beside left

7&8& Touch right foot slightly forward and bump hips right raising body slightly, bump hips left

returning body to center, bump hips right lowering body slightly, bump hips left returning body

to center

[25-32] KICK BALL CHANGE, SIDE ROCK RECOVER, SAILOR, SAILOR 1/4 LEFT

1&2 Kick right, step on ball of right beside left, change weight to left

3-4 Rock right to side, recover left

5&6 Step right behind left, step left to side, step right to side

7&8 Sweep left behind right turning 1/4 left, step right to side, step to side (3:00)

Begin again!

*Restart on Wall 4 after 16 counts. Wall 4 Begins facing 9:00, restart facing 12:00.

Choreographer Information:

Larry Bass, Saint Johns, FL, USA larrybass6622@comcast.net Sue Ann Ehmann, Patrick Springs, VA, USA SueAnn5678@gmail.com

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^{*}Restart here during 4th rotation