

# Swingin'

COPPER KNOB  
BY SHEETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Doug Miranda (USA) & Jackie Miranda (USA) - August 2023  
音樂: Swingin' - LeAnn Rimes : (Album: Lady and Gentlemen)



## Two Restarts both to the 6 o'clock Wall (Back Wall)

Music: "Swingin' " by LeAnn Rimes (Album: Lady and Gentlemen)

Dance starts after 16 count music intro

### Set 1 Facing ¼ left Sway, Recover, Turn ¼ Side Shuffle; Face ¼ Right, Side Sway, Recover, Turn ¼ Side Shuffle

1,2            As you face ¼ L sway to R, recover on L  
3&4           Turn ¼ R and shuffle to R side: Step R to R side, step L next to R, step R to R side  
5-6           Turn ¼ R and sway to L, recover on R  
7&8.          Turn ¼ Land shuffle to L side: Step L to L side, step R next to L, step L to L side

#### \*RESTART:

\*1st RESTART here at the 6 o'clock wall on the 4th repetition of the dance (the second time you start at the back wall)

\*\*2nd RESTART here at the 6 o'clock wall after the 2nd repetition of the dance after the 1ST restart

### Set 2 Syncopated Out and Out and Forward Touch and Touch and Step Forward, ¼ Turn, Cross, Hold

1&2&          Point R to R side, step R next to L, point L to L side, step L next to R  
3&4&          Touch R forward, step R next to L, touch point L forward, step L next to R  
5-8           Step forward on R, turn ¼ L, cross R over L, hold

### Set 3 Side Rock, Recover, Cross Shuffle; ½ Turn, Step Diagonal Forward, Step Diagonal Forward

1-2           Side rock to L side on L, recover on R  
3&4           Cross shuffle L, R, L by crossing L over R, step R to R, cross L over R  
5-6           Turn ½ turn over L shoulder by stepping back on R ¼ turn L, step L to L side ¼ turn L (feet are apart),  
7-8           Step out forward on R at diagonal, step out forward on L at diagonal ( " V " step)

### Set 4 ¼ Turn Syncopated Heel Switches, Heel Hook; Side Sways

1&2&          Turn ¼ R tapping R heel forward, step R next to L, tap L heel forward, step L next to R  
3&4           Tap R heel forward, hook R heel over L, touch R heel forward  
5-8           Step R to R side and sway to R side, sway to L, sway to R side, sway to L side (weight ending on L)

START AGAIN