

White Street Cha Cha (P)

COPPERKNOB
BY STEPHEN

拍數: 112

牆數: 1

級數: Intermediate - Pattern Partner
Center Floor Dance



編舞者: Steve Buchanan (USA) - August 2023

音樂: Sunrise - Simply Red

or any slow to medium cha cha

(Start: Closed dance position, opposite footwork—Man's left/Lady's right)

Rock & Recover, Shuffle, Rock & Recover, Shuffle Side

1-2, 3&4 MAN: Rock L forward. Recover R back. Shuffle back LRL.
 LADY: Rock R back. Recover L forward. Shuffle forward RLR.
5-6, 7&8 MAN: Rock R back. Recover L forward. Shuffle side right RLR.
 LADY: Rock L forward. Recover R back. Shuffle side left LRL.

Right Open, Return To Facing Partner With Two Hand Hold, Lady R Underarm Turn, Return To Closed Position

1-2, 3&4 MAN: Turn 1/4 right rock L forward. Recover R back. Turn 1/4 left shuffle side left LRL in open position.
 LADY: Turn 1/4 left. Rock R forward. Recover L back. Turn 1/4 right shuffle side right RLR in open position.
5-6,7&8 MAN: Dropping right hand rock R back turning lady 1/2 right. Recover L forward turning lady 1/2 right to closed position. Shuffle in place RLR.
 LADY: Rock L 1/4 turn right. Recover R 1/4 turn right. Turn 1/2 turn right stepping side left LRL in closed position.

Rock & Recover, Shuffle, Rock & Recover, Shuffle Side

1-2, 3&4 MAN: Rock L forward. Recover R back. Shuffle back LRL.
 LADY: Rock R back. Recover L forward. Shuffle forward RLR.
5-6, 7&8 MAN: Rock R back. Recover L forward. Shuffle side left LRL.
 LADY: Rock R forward. Recover R back. Shuffle side left LRL.

Right Open, Both Free Turns Returning to Two Hand Open Position

1-2, 3&4 MAN: Turn 1/4 turn right, rock L forward. Recover R back. Turn 1/4 left shuffle side left LRL.
 LADY: Turn 1/4 left, rock R forward. Recover L back. Turn 1/4 turn right, shuffle side LRL.
5-6, 7&8 MAN: Pivot turn L stepping 1/4 turn R. Recover 1/4 turn L. Turn 1/2 L stepping side RLR.
 LADY: Pivot turn R stepping 1/4 turn L. Recover 1/4 turn R. Turn 1/2 R stepping side LRL.

Rock & Recover, Shuffle, Rock & Recover, Shuffle

1-2, 3&4 MAN: Rock L forward. Recover R back. Shuffle back LRL.
 LADY: Rock R back. Recover L forward. Shuffle forward RLR.
5-6, 7&8 MAN: Rock R back. Recover L forward. Shuffle forward RLR.
 LADY: Rock L forward. Recover R back. Shuffle back LRL.

Shuffle Step x 2, Rock & Recover, Shuffle

1&2, 3&4 MAN: Shuffle forward LRL. Shuffle forward RLR.
 LADY: Shuffle back RLR. Shuffle back LRL.
5-6, 7&8 MAN: Rock L forward. Recover R back. Shuffle back LRL.
 LADY: Rock R back. Recover L forward. Shuffle forward RLR.

Shuffle Step x2, Rock & Recover, Shuffle In Closed Position

1&2, 3&4 MAN: Shuffle back RLR. Shuffle back LRL.

LADY: Shuffle forward LRL. Shuffle forward RLR.

5-6, 7&8 MAN: Rock R back. Recover L forward. Shuffle side right in closed position RLR.
LADY: Rock L forward. Recover R back. Shuffle side left in closed position LRL.

Rock & Recover, Shuffle, Rock & Recover, Shuffle Side

1-2, 3&4 MAN: Rock L forward. Recover R back. Shuffle back LRL.
LADY: Rock R back. Recover L forward. Shuffle forward RLR.

5-6, 7&8 MAN: Rock R back. Recover L forward. Shuffle side right RLR.
LADY: Rock L forward. Recover R back. Shuffle side left LRL.

In Closed Position, 1/4 Turn Rock & Recover, 1/4 Turn Shuffle Side, 1/4 Turn Shuffle Side, 1/4 Turn Step Back, Back, Shuffle Back

1-2, 3&4 MAN: Turn 1/4 left, rock L back. Recover R forward. Turn 1/4 right, shuffle side left LRL.
LADY: Turn 1/4 right, rock back R. Recover L forward. Turn 1/4 right, shuffle side right RLR.

5-6, 7&8 MAN: Turn 1/4 right, step R back. Step L back. Shuffle back RLR.
LADY: Turn 1/4 left, step L back. Step R back. Shuffle back LRL.

Rock & Recover, Shuffle Forward, Full Pivot Turn To Face Partner, Shuffle Side

1-2, 3&4 MAN: Rock L back. Recover R forward. Shuffle forward LRL.
LADY: Rock R back. Recover L forward. Shuffle forward RLR.

5-6, 7-8 MAN: Full pivot turn forward R, L. Shuffle side right LRL.
LADY: Full pivot turn forward L, R. Shuffle side left LRL.

1/4 Turn Side Open, 1/4 Turn Recover To Two Hand Hold, Shuffle Side, Ladies Underarm Turn, Shuffle Side

1-2, 3&4 MAN: Turn 1/4 right, rock L forward. Turn 1/4 left, rock R back. Shuffle side left LRF.
LADY: Turn 1/4 left, rock R forward. Turn 1/4 right, recover L back. Shuffle side right RLR.

5-6, 7&8 MAN: Drop right hand, rock R back. Recover L forward. Shuffle side right RLR.
LADY: Rock L forward turning 1/4 turn right. Recover R forward turning 1/4 turn right. Shuffle 1/2 turn right LRL.

Rock & Recover, Shuffle, Rock & Recover, Shuffle Side

1-2, 3&4 MAN: Rock L forward. Recover R back. Shuffle back LRL.
LADY: Rock R back. Recover L forward. Shuffle forward RLR.

5-6, 7&8 MAN: Rock R back. Recover L forward. Shuffle side right RLR.
LADY: Rock L forward. Recover R back. Shuffle side left LRL.

Shuffle 1/4 Turn, Shuffle 1/4 Turn, Rock & Recover, Shuffle Side

1&2, 3&4 MAN: Turn 1/4 right shuffling forward LRL. Turn 1/4 left shuffling side right RLR.
LADY: Turn 1/4 left shuffling forward RLR. Turn 1/4 right shuffling side left LRL.

5-6, 7&8 MAN: Turn 1/4 right rock L forward. Recover R back. Turn 1/4 left shuffling side left LRL.
LADY: Turn 1/4 left rock R forward. Recover L back. Turn 1/4 right shuffling side right RLR.

1/4 Turn, Shuffle, 1/4 Turn Shuffle Side, 1/4 Turn Rock & Recover, 1/4 Turn Shuffle Side

1&2, 3&4 MAN: Turn 1/4 left, shuffle forward RLR. Turn 1/4 right, shuffle side left LRL.
LADY: Turn 1/4 right, shuffle forward LRF. Turn 1/4 left, shuffle side right RLR.

5-6, 7-8 MAN: Turn 1/4 right, rock R forward. Recover L back. Turn 1/4 left, shuffle RLR.
LADY: Turn 1/4 left, rock L forward. Recover R back. Turn 1/4 right, shuffle side left LRL.

Start over. Enjoy!
