Dropped Cha

拍數: 32

級數: Improver / Intermediate

編舞者: Ivan Rundgren (SWE) - May 2023

音樂: Dropped - Jillian Cardarelli

SEC. 1 CROSS – SWEEP – CROSS – CHASSÉ L – BUMP R – BUMP L – SAILOR 1/4 TURN R

- 1 2 3 Cross step L over R (1) sweep R around and a cross L (2) step on R (3)
- 4 & 5 Step L to L side (4) step R next to L (&) step L to L side bumping hips to L (5)
- 6 7 Drag R near L and Bump hip to R (6) bump hip to L (7) Weight on L
- 8 & 1 1/4 turn R sweeping R to R (8) step L next to R (&) step longer fwd R (1)

SEC. 2 WALK L – WALK R – L LOCK STEP 1/4 TURN R – CROSS STEP – TRIPLE FULL TURN R

- 2 3 Walk fwd on L (2) walk fwd on R (3)
- 4 & 5 Step fwd L (4) lock R behind L (&) 1/4 turn R stepping L to L side (5)
- 6 7 Recover to R (6) cross L over R (7)
- 8 & 1 1/4 turn R stepping fwd R (8) 1/4 turn R stepping L to L (&) 1/2 turn R stepping longer R to R (1)

SEC. 3 BACK ROCK - CHASSÉ L - CROSS - UNWIND FULL - STEP - TOGETHER - WALK R

- 2 3 Step L behind R (2) recover to R (3)
- 4 & 5 Step L to L side (4) step R next to L (&) step longer L to L side (5)
- 6 7 Cross R over L (6) unwind full turn L (7)
- 8 & 1 Step R to R (8) step L next to R (&) walk longer step fwd R (1) (6:00)

SEC. 4 FWD ROCK - TRIPLE 1/2 TURN L - PIVOT 1/2 L - 1/4 TURN L

- 2 3 Step fwd L (2) recover to R (3)
- 4 & 5 1/4 turn L stepping L to L (4) step R next to L (&) 1/4 turn L stepping longer fwd L (5)
- 6 7 Step fwd R (6) pivot 1/2 turn L (7)
- 8 1/4 turn L stepping R to R side (8)

Tag 1.8 counts after wall 1 facing (3,00)

CROSS ROCK - R CHASSÉ - CROSS ROCK - L CHASSÉ

- 1 2 Cross L over R (1) recover to R (2)
- 3 & 4 Step L to L (3) step R next to L (&) step longer L to L (4)
- 5 6 Cross R over L (5) recover to L (6)
- 7 & 8 Step R to R (7) step L next to R (&) step longer R to R (8)

Tag 2. 4 count after wall 3 facing (9:00) ROCKING CHAIR

- 1 2 Step fwd L (1) recover to R (2)
- 3 4 Step back L (3) recover to R (4)

Start over again!

Ending: Dance ends after wall 9 during Sec.3, add pivot 1/2 turn L to face (12:00) instead for longer step fwd (1)

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Have fun & happy dancing, hugs from Sweden □ Webb info Contact: ivan.rundgren@gmail.com



牆數:4