

# Work This Body

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Novice  
編舞者: Roy Hoeben (NL) - August 2023  
音樂: Work This Body - WALK THE MOON



**Restart : first restart after wall 3 only first 20 counts**

**Second restart after wall 9 only the first 4 counts**

**V step, point, 1/2 turn, snap.**

1 2 3 4.      RF diagonal forward, LF diagonal forward, Rf back in, LF back in.

5 6 7 8.      RF point back, hold, RF 1/2 turn right, snap L&R side.

**Toe struth, toe struth, walk, walk, jump.**

1 2 3 4.      LF 1/8 turn left toe forward, LF heel down, RF toe forward, RF heel down.

5 6 7 & 8.      LF walk forward, RF walk forward, LF next RF, jump up, down.

**Side flick, side flick, cross step, hitch.**

1 2 3 4.      RF 1/8 turn right step right, LF flick behind RF, LF step left, RF flick behind LF.

5 6 7 8.      RF step right, LF cross over RF, RF step right, LF hitch left.

**Rock left, touch, 3/4 turn right.**

1 2 3 4.      LF rock left, RF recover, LF step left, RF touch next LF.

5 6 7 8.      RF 1/4 turn right step forward, LF 1/4 turn right step forward, RF 1/4 turn step forward, LF step forward.