

# Tsika

拍數: 32      牆數: 2      級數: Beginner/Beginner +  
編舞者: Maryse Fourmage (FR) & Angéline Fourmage (FR) - 15 August 2023  
音樂: Tsika - Zily



## [1-8] Mambo, Side, Mambo, Side, Mambo, Mambo

1&2      RF to the R side, Recover to LF, RF next to LF (option: shimmy)  
3&4      LF to the L side, Recover to RF, LF next to RF (option: shimmy)  
5&6      RF FW, Recover to LF, RF Back  
7&8      LF Back, Recover to RF, LF FW

## [9-16] 1/8L, 1/8L, Point, Hitch, Point, Cross with clap, Hold

1-2      RF FW, Make 1/8L  
3-4      RF FW, Make 1/8L (Weight is on LF)  
5&6      Point RF to the R side, Hitch R, Point RF to the R side  
7-8      Cross RF over LF with Clap, Hold

## [17-24] Rock-side, Cross with clap, Clap your arm, Armx3, Sweep ¼ L with L arm, Touch

1&2      LF to the L side, Recover to RF, Cross LF over RF with Clap  
3-4      RF to the R side with Clap to the R side, Touching the middle of the right arm with the left hand  
5-6      Touching the right shoulder with the left hand, Touching the middle of the bust with your left hand  
7-8      Make a circle with Left arm at the same time make 1/4 L with R Sweep, Touch RF next to LF at the same time Touching the left shoulder with the left hand

## [24-32] Toe-strut, Toe-strut, Hip-Roll

1-2      Toe-strut RF on the diagonal R FW (Option: With Hips)  
3-4      Toe-strut LF on the diagonal L FW (Option: With Hips)  
5-6-7-8      Make a circle with the hips (Weight is on LF) ( You can make 1 circle or several circles)

Smile and enjoy the dance

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