Willow

級數: Improver

拍數: 28 編舞者: Cathy Snow (USA) - August 2023

音樂: Willow - Sister Sadie

Written: Ashley McBryde

Intro Count: 52

No tags or restart-just dance and have fun!

[1-8] WEAVE R; LINDY R

- 1-2 Step R to R side, Cross L behind R
- 3-4 Step R to R side, Cross L over R
- 5&6 Step R to R side, Step L next to R, Step R to R side
- 7-8 Step L behind R, Recover weight on R (12:00)

[9-16] WEAVE L; LINDY L

- Step L to L side, Cross R behind L 1-2
- 3-4 Step L to L side, Cross R over L
- Step L to L side, Step R next to L, Step L to L side 5&6
- 7-8 Step R behind L, Recover weight on L (12:00)

[17-24] TOUCH RIGHT FWD, CENTER, COASTER, TOUCH LEFT FWD, CENTER, ¼ LEFT TURN

- Touch R forward, touch R to R side 1-2
- 3&4 Step R back, L next to R, step forward R
- 5-6 Touch L forward; touch L to L side
- 7&8 1/4 turn L, Step L, R, L (first rotation facing 9:00 wall)

[25-28] TOE STRUTS R, L;

- Touch R toe forward, Drop R heel (take weight) 1-2
- 3-4 Touch L to forward, Drop L heel (take weight)

"Willow", by Sister Sadie, is a just released Bluegrass song and I added a bit of country line dancing.

Contact: mrssno@email.com

If you like this, check out my "Raleigh's Ride" also with Sister Sadie and another bluegrass beat with country line dancing.





牆數:4