

# Reelin' and Rockin'

拍數: 48                      牆數: 4                      級數: Improver  
編舞者: Marlon Ronkes (NL) & Romain Brasme (FR) - August 2023  
音樂: Reelin' and Rockin' - Chuck Berry



Dance start at 00:17 sec.

## [1-8] TWIST - HOLD - TWIST - HOLD

1-4                      Twist both heels to R side (1), hold (2-4)  
5-8                      Twist both heels to L side (5), hold (5-8)

## [9-16] JUMP FORWARD - HOLD - JUMP BACKWARDS - HOLD - HIPS MOVEMENT

1-2                      Jump forward on both feet (1), hold (2)  
3-4                      Jump backward on both feet (3), hold (4)  
5-8                      Make a 1/2 circle from L to R backwards

## [17-24] WALK - WALK - WALK- KICK - STEP BACK X3 - TOUCH

1-2                      Walk R (1), walk L (2)  
3-4                      Walk R (3), LF kick forward (4)  
5-6                      LF step back (5), RF step back (6)  
7-8                      LF step back (7), RF touch next to LF (8)

## [25-32] ROLLING VINE - SHUFFLE - ROCKSTEP

1-2                      RF step forward with 1/4 turn R (1), LF step behind with 1/2 turn R (2)  
3-4                      RF step to R side with 1/4 turn R (3), LF touch next to RF (4) 12:00  
5&6                      LF step to L side (5), together (&), LF step to L side  
7-8                      RF step behind (7), recover on LF (8)

## [33-40] TOUCH - TOGETHER - TOUCH - TOGETHER - 1/4 TURN L WITH KNEES MOVEMENTS

1-2                      RF touch forward in diagonal R (1), RF next to LF (2)  
3-4                      LF touch forward in diagonal L (3), LF next to RF (4)  
5-8                      Make a 1/4 turn L and open your knees in and out 09:00

## [41-48] TOE STRUT - TOE STRUT - JAZZ BOX CROSS

1-2                      Step R toe forward (1), drop heel (2)  
3-4                      Step L toe forward (3), drop heel (4)  
5-6                      RF cross over LF (5), LF step behind (6)  
7-8                      RF step to R side (7), LF cross over RF (8)

## BRIDGE

During wall 4 (while sequence 2)

Make the 1/2 circle from L to R backwards on 2 counts and continue the dance

CONTACT: [romainbrasme@hotmail.fr](mailto:romainbrasme@hotmail.fr)