Brutal Heart



拍數: 48 編數: 4 級數: Phrased Easy Intermediate

編舞者: Island Trio (CAN) - August 2023

音樂: Use Me (Brutal Hearts) - Diplo, Sturgill Simpson, Dove Cameron & Johnny Blue

Skies



Phrased Dance Part A is 16 counts, Part B is 32 Counts
Dance Sequence A,A,A,A TO COUNT *12, B, (9:00)
A,A,A,A TO COUNT *12, B (6:00)
A,A,A,A,A TO COUNT **6, (9:00)
***TAG- ROCK RIGHT BACK, RECOVER TO WEIGHT TO LEFT, B
A,A,A,A TO COUNT 12, ENDING

Part A- 16 COUNTS

Section One: Walk Forward, Rock Recover, Cha Cha Back

1-2 Walk forward left, right

3-4 Rock L forward, Recover weight to right

5&6 Travelling back, left, right, left **
7&8 Travelling back, right, left, right

Section Two: Rock, Recover, Left Lindy, Chasse Right

1-2 Rock Left back, recover weight to right

3&4 Step left to left side, step right together, step left to left side*(Part B)

5-6 Rock right back, recover weight to left,

7&8 Step right to right side, step left together, step to right side

(To begin the next section, at the end of the Chasse, turn ¼ right, making the first step of the dance walking forward on left, on your new wall).

Part B-32 COUNTS

Section One: Right K- Step

1-4 Step right forward, touch left, step left back, touch right5-8 Step right back, touch left, step left forward touch right

Section Two: Extended Right Vine Cross, Touch

1-4 Step right to right side, step left behind right, step to right side, cross left over right,

5-8 Step right to side, step left behind right, step right to right side, touch left

Section Three: Right K- Step

1-4 Step left forward, touch right, step right back, touch left5-8 Step left back, touch right, step right forward touch left

Section Two: Extended Left Vine Cross, Together

Step left to left side, step right behind left, step to left side, cross right over left,
Step left to left side, step right behind left, step left to left side, step right together

(Clue when Part B is danced, the music tempo changes, and the lyrics are Use Me)

Ending: Count 12, after dance the side chasse part of the Lindy, touch right toe behind left, turn ½ right to front wall.

We hope you enjoy the dance!

