

Tryin' To Catch a Good Time

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Shelley Mills (USA) - August 2023
音樂: GOOD TIME - Niko Moon



INTRO: Start on 'Good' - NO TAGS/NO RESTARTS

SECTION ONE: SCISSOR STEPS RIGHT AND LEFT

1&2& Step right to right side, step left next to right, step right across left,
3&4& Step left to left side, step right next to left, step across right.
5&6& Step right to right side, step left next to right, step right across left,
7&8& Step left to left side, step right next to left, step left across right.

SECTION TWO: WEAVE RIGHT, ROCK RECOVER, CROSS. WEAVE LEFT, ROCK RECOVER, CROSS.

1&2&3&4& Step right to right, step left behind right, step right to right, step left across right, rock right to right, recover on left, cross right over left.
5&6&7&8& Step left to left, step right behind left, step left to left, step right across left, rock left to left, recover on right, cross left over right.

SECTION THREE: HIP BUMP, 1/4 TURN LEFT, HIP BUMP, ROCK RECOVER RIGHT AND LEFT.

1&2& Rock to the right with right foot and one right hip bump, recover on left foot.
3&4& Turn 1/4 turn left with left foot and one left hip bump, recover on right foot.
5&6&,7&8& Rock forward on right, recover back on left, step right together, rock back on left, recover forward on right, step left together.

SECTION FOUR: JAY WALKS, JAZZ BOX, 1/4 TURN RIGHT, JAY WALKS, JAZZ BOX, 1/4 TURN RIGHT

1&2&3&4& Step right foot over left foot, point left toe to left side, step left foot over right foot, point right toe to right side, step right foot over left foot, step left foot to left side, 1/4 turn right stepping on right foot, step left together.
5&6&7&8& Step right foot over left foot, point left toe to left side, step left foot over right foot, point right toe to right side, step right over left, step left to left side, 1/4 turn right, stepping on right foot, step left together.

End of Dance..... start dance again and have fun!

YES, DANCE WHEN YOU GET THE CHANCE! (slmills1@yahoo.com)

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