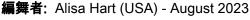
Can't Forget

拍數: 48

級數: Improver / Intermediate



音樂: Thinkin' Bout Me - Morgan Wallen

Restart on the 5th wall after count 16.

Dance starts 32 counts after the music starts.

Toe tap Right and Left with a ¼ turn, Half turn, Half turn. Toe tap Left and Right, Half turn, Half turn, Step Left next to Right. Step down on the Right foot, (Shifting weight to the Right)

- 1&2& Tap R toe, bringing your knee inwards, Tap L toe, bringing your knee inwards, step L down with a $\frac{1}{4}$ turn to the L.
- 34 Half turn over your L shoulder stepping down on L foot, ¼ turn over your left shoulder. (weight on your R foot)
- 5&6& Tap L toe, brining your knee inwards, Tap R toe, brining your knee inwards, step R down with a ¼ turn to the R.
- 78& Half turn over your R shoulder stepping down on the R foot, ¼ turn over your R shoulder, step down on your R foot (& count)

Tap Left foot out to Left side, tap Left foot next to right foot (x2). Tap Right foot our to Right side, tap Right foot next to left foot (x2).

1234 Tap L foot out to the left, tap L next to left, tap L out to the left, step L next to the right foot.

5678 Tap R foot out to the right, tap R next to left, tap R out to the right, tap R next to the left.

Restart after count 16 on wall 5, after the last R tap out/in

Step R 1/4 turn, step back L 1/4 turn, R coaster

- 12 Step forward on the R, 1/4 turn over your right shoulder, Step back on your L 1/4 turn 3&4 R coaster step
- Step L 1/4 turn, step back R 1/4 turn. L coaster
- 56 Step forward on the L, 1/4 turn over your right shoulder, step back on your L 1/4 turn.
- 7 & 8 L coaster step

V step, Stomp R and L, roll or bump hips for 2 counts

- 1234 V step, out to the R, out to the L, back with the R, back with the L. (stay in a wider stance at the end of the V step)
- 56,78 Step R, Step L, shake your hips for 2 counts, or use these 2 counts to add your own flare.

R grapevine, Left grapevine, Half turn over the L shoulder, Shuffle R

- 1234 Grapevine right
- 5678 Grapevine left
- 12,3&4 Step R foot forward, half turn over the left shoulder, shuffle R

Rock L forward, L coaster step, Mambo R, Mambo L, step out on the R foot, kicking L with a ¼ turn, L coaster step

- 56,7&8 Rock forward on the L, L coaster step
- 1 & 2, 3 & 4 Mambo R, Mambo L
- 56,7&8 Step out R with your R foot, kicking your L foot as you make a ¼ turn L, L coaster step

Kick L point R, Kick R point L, full 360 turn over the R shoulder (or whichever direction is easiest)

- 1 & 2. 3 & 4 Kick L point R, kick R point L.
- 5678360 turn over your R shoulder, stepping R(5) L(6) R(7) L(8)

Last Update: 2 Nov 2023





牆數: 4