

Can't Forget

拍數: 48 牆數: 4
編舞者: Alisa Hart (USA) - August 2023
音樂: Thinkin' Bout Me - Morgan Wallen



Restart on the 5th wall after count 16.

Dance starts 32 counts after the music starts.

Toe tap Right and Left with a ¼ turn, Half turn, Half turn. Toe tap Left and Right, Half turn, Half turn, Step Left next to Right. Step down on the Right foot, (Shifting weight to the Right)

- 1 & 2 & Tap R toe, bringing your knee inwards, Tap L toe, bringing your knee inwards, step L down with a ¼ turn to the L.
- 3 4 Half turn over your L shoulder stepping down on L foot, ¼ turn over your left shoulder. (weight on your R foot)
- 5 & 6 & Tap L toe, bringing your knee inwards, Tap R toe, bringing your knee inwards, step R down with a ¼ turn to the R.
- 7 8 & Half turn over your R shoulder stepping down on the R foot, ¼ turn over your R shoulder, step down on your R foot (& count)

Tap Left foot out to Left side, tap Left foot next to right foot (x2). Tap Right foot out to Right side, tap Right foot next to left foot (x2).

- 1 2 3 4 Tap L foot out to the left, tap L next to left, tap L out to the left, step L next to the right foot.
- 5 6 7 8 Tap R foot out to the right, tap R next to left, tap R out to the right, tap R next to the left.

Restart after count 16 on wall 5, after the last R tap out/in

Step R 1/4 turn, step back L 1/4 turn, R coaster

- 1 2 Step forward on the R, 1/4 turn over your right shoulder, Step back on your L 1/4 turn
- 3 & 4 R coaster step

Step L 1/4 turn, step back R 1/4 turn. L coaster

- 5 6 Step forward on the L, 1/4 turn over your right shoulder, step back on your L 1/4 turn.
- 7 & 8 L coaster step

V step, Stomp R and L, roll or bump hips for 2 counts

- 1 2 3 4 V step, out to the R, out to the L, back with the R, back with the L. (stay in a wider stance at the end of the V step)
- 5 6, 7 8 Step R, Step L, shake your hips for 2 counts, or use these 2 counts to add your own flare.

R grapevine, Left grapevine, Half turn over the L shoulder, Shuffle R

- 1 2 3 4 Grapevine right
- 5 6 7 8 Grapevine left
- 1 2, 3 & 4 Step R foot forward, half turn over the left shoulder, shuffle R

Rock L forward, L coaster step, Mambo R, Mambo L, step out on the R foot, kicking L with a ¼ turn, L coaster step

- 5 6, 7 & 8 Rock forward on the L, L coaster step
- 1 & 2, 3 & 4 Mambo R, Mambo L
- 5 6, 7 & 8 Step out R with your R foot, kicking your L foot as you make a ¼ turn L, L coaster step

Kick L point R, Kick R point L, full 360 turn over the R shoulder (or whichever direction is easiest)

- 1 & 2, 3 & 4 Kick L point R, kick R point L.
- 5 6 7 8 360 turn over your R shoulder, stepping R(5) L(6) R(7) L(8)

Last Update: 2 Nov 2023

