

One Drink in for 2 (P)

拍數: 32 牆數: 0 級數: Beginner Partner
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音樂: One Drink In - Donice Morace



Intro : 16 counts.
Start in Close Western position.
The man facing LOD and the lady facing RLOD.

Steps Description

[1-8] M : (WALK FWD), SHUFFLE FWD, ROCKING CHAIR

[1-8] L : 2X (WALK BACK), SHUFFLE BACK, ROCKING CHAIR

1-2 M : Walk forward with RL
 L : Walk back with LR
3&4 M : Shuffle forward with RLR
 L : Shuffle back with LRL
5-6 M : Rock forward on step L, recover on R
 L : Rock back on step R, recover on L
7-8 M : Rock back on step L, recover on R
 L : Rock forward on step R, recover on L

[9-16] M : 2X (SHUFFLE FWD), ROCKING CHAIR

[9-16] L : SHUFFLE FWD in 1/2 TURN R, SHUFFLE BACK in 1/2 TURN R, ROCKING CHAIR

1&2 M : Shuffle forward with LRL
 L : Shuffle forward in 1/2 turn to right with RLR
*** On count 1, the man raises with his L hand the lady's R hand over her head.
3&4 M : Shuffle forward with RLR
 L : Shuffle back in 1/2 turn to right with LRL
*** You are now in Close Western position.
5-6 M : Rock forward on step L, recover on R
 L : Rock back on step R, recover on L
7-8 M : Rock back on step L, recover on R
 L : Rock forward on step R, recover on L

[17-24] M : 1/4 TURN R and STEP SIDE, TOUCH, CHASSÉ to R, ROCK BACK, 1/8 TURN L and SHUFFLE FWD

[17-24] L : 1/4 TURN R and STEP SIDE, TOUCH, CHASSÉ to L, ROCK BACK, 1/8 TURN and SHUFFLE BACK

1-2 M : 1/4 turn to right and step L to left side, touch R together L
 L : 1/4 turn to right and step R to right side, touch L together R
*** On count 1, touch both L hands, palm to palm.
3&4 M : Chassé to right side with RLR
 L : Chassé to left with LRL
5-6 M : Rock back on step L diagonally to left, recover on R
 L : Rock back on step R diagonally to right, recover on L
*** On count 6, L arms in extension.
7&8 M : 1/8 turn to left and shuffle forward with LRL
 L : 1/8 turn to left and shuffle back with RLR
*** On count 7, you are now in Close Western position.

Restart : At the 3rd repetition of the dance, do the first 24 counts and restart the dance from the beginning.

[25-32] M : 2X (WALK FWD), SHUFFLE FWD, 2X (WALK FWD), SHUFFLE FWD

[25-32] L : 2X (WALK BACK), SHUFFLE BACK, FULL TURN R, SHUFFLE BACK

1-2 M : Walk forward with RL

L : Walk back with LR

3&4 M : Shuffle forward with RLR

L : Shuffle back with LRL

5-6 M : Walk forward with LR

L : 1/2 turn to right and step R forward, 1/2 turn to right and step L back

***** On count 5, the man raises the lady's R hand over her head.**

***** On count 6, you are now in Close Western position.**

7&8 M : Shuffle forward with LRL

L : Shuffle back with RLR

**ENJOY AND HAVE FUN !
GUY & NANCY**

Last Update: 11 Oct 2023
