

Tu Es

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Michaela Tscherny (AUT) - August 2023
音樂: Tu es - Lemo



[1-8] Triple Step 2x, ½ Pivot Turn, Step 2x

1&2 Step R Forward (1), Step L Together (&), Step R Forward (2) 12:00
3&4 Step L Forward (3), Step R Together (&), Step L Forward (4) 12:00
5-6 Step R Forward (5), ½ Turn L Stepping L Forward (6) 6:00
7-8 Step R Forward (7), Step L Forward (8) 6:00

[9-16] Kick & Point 2x, R Sailor ¼ Turn, Rocking Chair

1&2 Kick R Forward (1), Step R Together (&), Point L to Left Side (2) 6:00
3&4 Kick L Forward (3), Step L Together (&), Point R to Right Side (4) 6:00
5&6 Step R Behind L (5), Turn ¼ R Stepping L to Side (&), Step R to Right Side (6) 9:00
7&8& Step L Forward (7), Recover on R (&), Step L Backward (8), Recover on R (&) 9:00

[17-24] Jazz Box ¼ L, Triple Side, Back Rock

1 Cross L over R (1) 9:00
2-4 Turn ¼ L Stepping R Back (2), Step L to Left Side (3), Cross R over L (4) 6:00
5&6 Step L to Left Side (5), Step R Together (&), Step L to Left Side (6) 6:00
7-8 Step R Back (7), Recover on L (8) 6:00

[25-32] ¼ Paddle Turn L 3x, Step, Kick Ball Step, Step, Heel-Toe-Swivel

&1 Turn ¼ L on L (&), Touch R Toe to Right Side (1) 3:00
&2 Turn ¼ L on L (&), Touch R Toe to Right Side (2) 12:00
&3 Turn ¼ L on L (&), Touch R Toe to Right Side (3) 9:00
4 Step R Forward (4) 9:00
5&6 Kick L Forward (5), Step L Together (&), Step R Forward (6) 9:00
7&8 Step L Forward (7), Swivel R Heel to L (&), Swivel R Toe to L (8) 9:00

Restart during 5th Wall after 28 Counts

After the 3 times ¼ Paddle Turns, make a Touch with R on count 4, then restart the dance - 9:00