

# Joy of My Life

COPPERKNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Heather Gronow (UK) - August 2023  
音樂: Joy of My Life - Chris Stapleton



**Intro: 32 counts - No Tags or Restarts**

**Section 1: Shuffle Fwd, Mambo, Behind side cross, Side rock cross**

1&2      Step fwd on Right, bring L together, step Fwd on R  
3&4      Rock fwd onto L, rock back on R, Step L together  
5&6      Sweep R leg behind, Step L to left side, Cross R over left  
7&8      Rock L to left side, recover on R, Cross L over right

**Section 2 : Side rock cross, Sway sway, Behind side cross shuffle**

1&2      Rock R to right side, Recover on L, Cross R over left  
3 – 4      Step L to side and sway you body left, right, bringing weight on R  
5 – 6      Cross L behind right, Step R to right side  
7&8      Cross L over right, bring R to left, Step L over right

**Section 3 : Rumba box, Walk Walk, Step pivot ¼ turn**

1&2      Step R to right side, bring L together, Step back R  
3&4      Step L to left side, bring R together, Step fwd L  
5 – 6      Walk fwd R , L  
7&8      Step fwd R, Pivot ¼ turn to left, Cross R over L

**Section 4 : Side drag touch, Kick ball cross, Sway sway, Behind side touch**

1 – 2      Take a long step to left on L, drag R to left and touch  
3&4      Kick R fwd, step on R foot, cross L over R  
5 – 6      Step R to right side and sway body right, then rec on L  
7&8      Step R behind, Step L to left side, Touch R toe to left foot

email : [burningboots38@gmail.com](mailto:burningboots38@gmail.com)  
Facebook Burning Boots Linedancers