

Joy of My Life

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Heather Gronow (UK) - August 2023
音樂: Joy of My Life - Chris Stapleton



Intro: 32 counts - No Tags or Restarts

Section 1: Shuffle Fwd, Mambo, Behind side cross, Side rock cross

1&2 Step fwd on Right, bring L together, step Fwd on R
3&4 Rock fwd onto L, rock back on R, Step L together
5&6 Sweep R leg behind, Step L to left side, Cross R over left
7&8 Rock L to left side, recover on R, Cross L over right

Section 2 : Side rock cross, Sway sway, Behind side cross shuffle

1&2 Rock R to right side, Recover on L, Cross R over left
3 – 4 Step L to side and sway you body left, right, bringing weight on R
5 – 6 Cross L behind right, Step R to right side
7&8 Cross L over right, bring R to left, Step L over right

Section 3 : Rumba box, Walk Walk, Step pivot ¼ turn

1&2 Step R to right side, bring L together, Step back R
3&4 Step L to left side, bring R together, Step fwd L
5 – 6 Walk fwd R , L
7&8 Step fwd R, Pivot ¼ turn to left, Cross R over L

Section 4 : Side drag touch, Kick ball cross, Sway sway, Behind side touch

1 – 2 Take a long step to left on L, drag R to left and touch
3&4 Kick R fwd, step on R foot, cross L over R
5 – 6 Step R to right side and sway body right, then rec on L
7&8 Step R behind, Step L to left side, Touch R toe to left foot

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