

# Let's Shimmy Tonight

**COPPER** **KNOB**  
BY SHEPHERD

拍數: 56      牆數: 4      級數: Improver  
編舞者: Shelley Mills (USA) - August 2023  
音樂: Most People Are Good - Luke Bryan  
或: Got My Mind Set On You - George Harrison



## INTRO:

**Most People Are Good** 16 counts. **NO TAGS/NO RESTARTS**

**Got My Mind Set On You** 16 counts, start on "SET" **NO TAGS/NO RESTARTS**

## SECTION ONE: K-STEP

- 1-4 Step right forward on diagonal, touch left toe together, step back on left diagonal, touch right toe together. (with claps)  
5-8 Step back right on diagonal, touch left toe together, step forward on left diagonal, touch right toe together. (with claps)

## SECTION TWO: GRAPEVINE RIGHT ,GRAPEVINE LEFT, 1/4 TURN LEFT.

- 1-4 Step right to right, step left behind right, step right to right, touch left toe together.  
5-8 Step left to left, step right behind left, 1/4 turn left, step left to left, touch right toe together

## SECTION THREE: RIGHT ROCKING CHAIR, TOE STRUT

- 1-4 Rock forward on right, recover back on left, rock back on right, recover forward on left.  
5-8 Rock forward on right, recover back on left, touch right toe behind left, step down on right heel.

## SECTION FOUR: LEFT ROCKING CHAIR, TOE STRUT

- 1-4 Rock back on left foot, recover forward on right foot, rock forward on left foot, recover back on right foot.  
5-8 Rock back on left foot, recover forward on right foot, step forward on left toe, step down on left heel.

## SECTION FIVE: JAZZ BOX 1/4 TURN TWICE

- 1-4 Step right across left, step left to left, 1/4 turn Right stepping on right, step left together.  
5-8 Step right across left, step left to left, 1/4 turn, Right stepping on right, step left together.

## SECTION SIX: SHIMMY RIGHT

- 1-4 Step right to right as you shimmy shoulders (2 counts), step left together, hold.  
5-8 Step right to right as you shimmy shoulders (2 counts), step left together, hold.

## SECTION SEVEN: SHIMMY LEFT

- 1-4 Step left to left as you shimmy shoulders (2 counts), step right together, hold.  
5-8 Step left to left as you shimmy shoulders, (2 counts), step right together, hold.

**END OF DANCE.....Start dance again and don't forget to smile, it increases your face value!**

**YES, DANCE WHEN YOU GET THE CHANCE! (slmills1@yahoo.com)**

**Last Update - 31 Aug 2023**