

# One Step At A Time 2023

**COPPER KNOB**  
BY STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Miyeon Oh (KOR) - August 2023  
音樂: One Step At a Time - Jordin Sparks



**INTRO: After 16 Counts**

**RESTART: Wall 4 – After 16 Count**

**SEC 1 : VINE STEP, TOUCH, VINE STEP 1/4 TURN, TOUCH**

1-4            Step RF to side, Step LF to back, Step RF to side, Touch LF next to RF  
5-8            Step LF to side, Step RF to back, Step LF 1/4 turn(9:00), Touch RF next to LF

**SEC 2 : MAMBO CROSS, MAMBO CROSS, PIVOT 1/2 TURN, WALK, WALK**

1&2            Step RF to side, recover LF, Step RF to cross  
3&4            Step LF to side, recover RF, Step LF to cross  
5-6            Step RF forward 1/2 turn L LF on place(3:00)  
7-8            Walk RF forward, Walk LF forward

**(Wall 4 – After 16 Count RESTRT)**

**SEC 3 : ANCHOR STEP, BACK LF, POINT R, SIDE SWITCHES**

1&2            RF step ball of behind LF, LF step in place, RF step slightly back  
3-4            Step LF to back, Touch RF to side  
5-6            Step RF to cross, Touch LF to side  
&7-&8          LF next to RF, RF side touch to R, RF next to LF, LF side touch to L

**SEC 4 : HEEL SWIBL(L), HEEL SWIBL(R), HEEL SWIBL(Lx2), HEEL SWIBL(R), HEEL SWIB(L), HEEL SWIBL(Rx2)**

1&2&          LF heel in, out, RF heel in, out  
3&4&          LF heel in, out x 2  
5&6&          RF heel in, out, LF heel in, out  
7&8            RF heel in, out, in

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I hope everyone is happy with the line dance.