

Oh My

拍數: 32 牆數: 4 級數: Improver
編舞者: Aleigha Elston (USA) - August 2023
音樂: What She Does to Me - Moonshine Bandits



Begin after 32 count intro

[1-8] SAILOR STEP (X2) - SYNCOPATED POINTS - TOUCH - HIP BUMP

1&2 (1) Step RF behind LF, (&) Step LF to L side, (2) Step RF to R side
3&4 (3) Step LF behind RF, (&) Step RF to R side, (4) Step LF to L side
5&6& (5) Point RF to R side, (&) Step RF to LF, (6) Point LF to L side, (&) Step LF to RF
7&8 (7) Touch RF to forward R diagonal, (&) Raise R hip up, (8) Bring R hip down 12:00

[9-16] SAILOR STEP (X2) - PADDLE TURNS

1&2 (1) Step RF behind LF, (&) Step LF to L side, (2) Step RF to R side
3&4 (3) Step LF behind RF, (&) Step RF to R side, (4) Step LF to L side
5&6& (5) Keeping weight on LF point R toes to R side, (&) Push off RF into $\frac{1}{8}$ turn left (6) Keeping weight on LF point R toes to R side, (&) Push off RF into $\frac{1}{8}$ turn left
7, 8 (7) Keeping weight on LF point R toes to R side, (&) Push off RF into $\frac{1}{8}$ turn left (8) Rock RF to R side 3:00

[17-24] CROSS - SIDE - TOUCH - HIP BUMP - CROSS - TRIPLE $\frac{1}{4}$ TURN L

&1, 2 (&) Recover weight to LF, (1) Cross RF over LF, (2) Step LF to L side
&3&4 (&) Step RF behind LF, (3) Angle body to R diagonal touching LF forward, (&) Raise L Hip up, (4) Bring L hip down
5, 6 (5) Step LF over Right, (6) Step RF to R side squaring back up with the wall
7&8 (7) Step LF back making $\frac{1}{4}$ turn L, (&) Step RF to LF, (8) Step LF back 12:00

[25-32] ROCK - RECOVER - $\frac{1}{2}$ TURN L (X2) - $\frac{1}{4}$ TURN L WITH HIP BUMPS - $\frac{1}{2}$ TURN R WITH HIP BUMPS

1, 2 (1) Rock back placing weight on the RF, (2) Step forward placing weight on the LF
3, 4 (3) Step RF forward making $\frac{1}{2}$ turn L, (4) Step LF back making $\frac{1}{2}$ turn L
5&6 (5) Step RF forward making $\frac{1}{4}$ turn L (&) Bring L hip up, (6) Bring L hip down placing weight on RF
7&8 (7) Spin $\frac{1}{2}$ turn R shifting weight to LF, (&) Bring R hip up, (8) Bring R hip down placing weight on LF 3:00

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