

Lose My Accent

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sebastiaan Holtland (NL) - August 2023
音樂: Lose My Accent - Sarah Allison Turner



Intro: 16 counts, start approx 11 sec. - 2 Restarts

Sec 1: [1-8] L Side, R Sailor Step, L Behind, R Fwd ¼ R, L Step Lock Step, R Mambo Side, R Touch Beside.

1 LF step left (1).
2&3 RF step behind LF (2), LF step left (&), RF step right (3).
&4 LF step behind RF (&), RF step fwd ¼ right (3.00) (4).
5&6 LF step fwd (5), RF lock behind LF (&), LF step fwd (6).
7&8 RF mambo right (7), LF recover (&), RF touch beside LF (8).

Sec 2: [9-16] R Side, L Sailor Fwd, R Behind, L Fwd ¼ L, R Mambo Fwd, L Shuffle Back.

1 RF step right (1).
2&3 LF step behind RF (2), RF step right (&), LF step left (3).
&4 RF step behind LF (&), LF step fwd ¼ left (12.00) (4).
5&6 RF mambo fwd (5), LF recover (&), RF step slightly back (6).
7&8 LF shuffle back (7&8).

Sec 3: [17-24] R Side Rock, Weave L, ¼ Monterey to L, R Half Syncopated Rumba Box.

1,2 RF side rock right (1), LF recover (2).
3&4 RF step behind LF (3), LF step left (&), RF step across LF (4).
5,6 LF side point left (5), Pivot ¼ turn left (9.00) LF step beside RF (6).
7&8 RF step right (7), LF step beside RF (&), LF step slightly fwd (8).

(NB: Restart here in wall 3 after 32 counts, after start again).

Sec 4: [25-32] L Recover with R Sweep, R Back with L Sweep, L Behind, R Side ¼ R, L Fwd, Cross Jazz Box ¼ R with L Touch Beside.

1 LF recover and sweep RF from front to back (1).
2 RF step slightly back and sweep LF from front to back(2).
3&4 LF step behind RF (3), RF step right ¼ right (12.00) (&), LF step slightly fwd (4).

Restart here in wall 7 after 28 counts (ending with L touch beside), after start again.

5,6 RF step across LF (5), LF step back ¼ right (3.00) (6).
7,8 RF step right (7), LF touch beside RF (8).

REPEAT THE DANCE AND HAVE FUN!!