

Say It Now

拍數: 64 牆數: 2 級數: Improver
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音樂: Write This Down - George Strait



INTRO: 32 Counts

[1-8] - GRAPEVINE R WITH HITCH, SIDE, CROSS, CHASSE R.

01 Step with the right foot to the right.
02 Cross left foot behind the right foot.
03 Step with the right foot to the right.
04 Raise left knee.
05 Step with left foot to the left.
06 Cross the right foot behind the left.
07 Step with the right foot to the right.
& Step with the left foot next to the right.
08 Turn $\frac{1}{4}$ turn to the left and step forward with your left foot.

[9-16] - REPEAT 1-8

01 Step with the right foot to the right.
02 Cross left foot behind the right foot.
03 Step with the right foot to the right.
04 Raise left knee.
05 Step with left foot to the left.
06 Cross the right foot behind the left.
07 Step with the right foot to the right.
& Step with the left foot next to the right.
08 Turn $\frac{1}{4}$ turn to the left and step forward with your left foot.

[17-24] - STEP, TURN $\frac{1}{2}$, TRIPLE STEP TURN $\frac{1}{2}$, TURN $\frac{1}{2}$, STEP, SHUFFLE FWD.

01 Step forward with right foot.
02 Turn $\frac{1}{2}$ turn to the left.
03 Turn $\frac{1}{4}$ turn to the left and step right foot to the right.
& Step with the left foot next to the right.
04 Turn $\frac{1}{4}$ turn to the left and step back with the right foot.
05 Turn left $\frac{1}{2}$ turn and step forward with your left foot.
06 Step forward with right foot
07 Step forward with left foot.
& Step with the right foot next to the left.
08 Step forward with left foot.

[25-32] - ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, COASTER CROSS

01 Rock forward with right foot.
02 Recover weight on the left foot.
03 Step back with right foot.
& Step with the left foot next to the right foot.
04 Step forward with right foot.
05 Rock forward with left foot.
06 Recover weight on the right foot.
07 Step back with left foot.
& Step with the right foot next to the left.
08 Cross left foot in front of the right.

[33-40] -WAVE. CHASSE R, CHASSE L TURNING

- 01 Step with the right foot to the right.
- 02 Cross left foot behind the right.
- 03 Step with the right foot to the right.
- 04 Cross left foot behind the right.
- 05 Step with the right foot to the right.
- & Step with the left foot next to the right.
- 06 Right foot step to the right
- 07 Turn ¼ turn to the left and step with your left foot to the left.
- & Step with the right foot next to the left.
- 08 Step with left foot to the left.

[41-48] - ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, TURN, SCUFF

- 01 Rock forward with right foot.
- 02 Recover weight on the left foot.
- 03 Step back with right foot.
- & Step with the left foot next to the right.
- 04 Step forward with right foot.
- 05 Rock forward with left foot.
- 06 Recover weight on the right foot.
- 07 Turn ¼ turn to the left and step with your left foot to the left.
- 08 Scuff with right foot.

[49-56] - LOCK STEPS

- 01 Step forward with right foot.
- 02 Lock left foot behind the right.
- 03 Step forward with right foot.
- 04 Scuff with left foot.
- 05 Step forward with left foot.
- 06 Lock right foot behind the left.
- 07 Step forward with left foot.
- & Lock right foot behind the left.
- 08 Step forward with left foot.

[57-64] - JAZZBOX, SIDE, TOUCH, SIDE, TOUCH

- 01 Cross the right foot in front of the left.
- 02 Step back with left foot.
- 03 Step with the right foot to the right.
- 04 Cross left foot in front of the right.
- 05 Step with the right foot to the right.
- 06 Touch left foot next to the right.
- 07 Step with left foot to the left.
- 08 Touch right foot next to the left.

START OVER

RESTART

- On the second wall dance 56 counts and start again.
 - On walls 3 and 6 dance 32 counts and start again.
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