

Double Margarita

拍數: 48 牆數: 2 級數: High Beginner
編舞者: Amy Smith (AUS) - August 2023
音樂: Drink - Southbound xo



Intro = 8 counts 6 seconds start on lyrics
Restart: wall 2 after 40 counts

Section 1 = kickball change, kick ball change, Monterey quarter turn Monterrey together

1&2 Kick right foot forward, ball of right foot next to left, Step left in place.
3&4 repeat steps one and two
5-6 Point right toe out to right side, quarter turn right on ball of left, right next to left.
7-8 Point left toe out to left side, left together

Section 2 = Monterrey quarter turn, Monterrey together, cross shuffle side rock, recover.

1-2 Point right toe out to right side, Quarter turn right on ball of left, right next to left.
3-4 point left Out to left side, left together.
5&6 Cross right over left, step left to left side, cross right over left
7-8 Left side rock (with Left hip sway, Recover right).

Section 3 = cross shuffle, side rock recover, shuffle forward, pivot turn.

1&2 Cross left over right, step right to right side, cross left over right.
3-4 Right side rock (with right hip sway) recover left.
5&6 step right forward, step left next to right, step right forward.
7-8 Step left forward half turn over right shoulder, recover weight on right.

Section 4 = shuffle forward, pivot turn, syncopated rocking chair, walk walk.

1&2 Step left forward, step right next to left, step left forward.
3-4 Step right forward half turn over left shoulder, recover weight on left.
5&6& Rock right forward, recover left, rock right back, Recover left.
7-8 Walk right forward, walk left forward.

Section 5 = heel combination = Heel and heel and heel hook heel, and heel and heel and heel hook heel.

1&2&3&4 right heel forward, right in place, Left heel forward, left in place, right heel forward, hook right in front of left, Right heel forward.
&5&6&7&8 right in place, left heel forward, left in place, right heel forward, right in place, left heel forward, hook left in front of right, left heel forward

**** Restart here wall 2**

section 6 = Right hip dip and clap at same time, left hip dip clap at same time , Shimmy left to right, Tip head back, tip head forward and clap at same time.

&,1-2 Left in place stepping right slightly right, dip your hip to right side and clap
3-4 Dip your hip to left side and clap
&5&6& Shimmy your shoulders from left to right.
7-8 Tip head back, tip head forward And clap.

Start Again!

Enjoy and add some Sass!

This song has a slow beat allowing beginners to apply some harder techniques without the pressure of going fast.

