

# Dance You Out of My Mind

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Rachael Snyder (USA) - August 2023  
音樂: Drive You Out Of My Mind - Kassi Ashton



## #16 Count Intro \*One Restart With Step Change

### S1: Heel Grind ¼ Turn R, Coaster Step, Rock, Recover, ½ Turn Left Twice

1,2            Right heel grind ¼ turn right, recover left (3:00)  
3&4           Step R back, step Step L beside R , Step R fwd  
5,6            Rock L forward, recover on R  
7,8            Turn ½ left, step fwd on L (9:00), ½ Turn left Step Back on R (3:00)

Non-turn option: Step Back L, R (3:00)

Restart the dance here on Wall 5 (12:00) with step change

NOTE: To restart the dance substitute counts 7,8 with 7&8: ½ left Shuffle, Stepping L-R-L  
(You will be facing 9:00 when you restart)

### S2: ½ L Shuffle, Sweep Cross, Back, Side, Crossing Shuffle

1&2            Turn ½ left L shuffle, Stepping L-R-L (9:00)  
3,4            Sweep R from back to left, Cross R over L  
5,6            Step L back, Step R side  
7&8            Cross L over R, step R together, step L over R (9:00)

### S3: Step hold, Ball Step Hold, Cross Rock, Recover, ¼ Turn, L Fwd Shuffle

1,2            Step R to right side, hold & clap (or snap)  
&3,4           Quickly step L next to R, Step R to right side, hold & clap (or snap)  
5,6            Cross L over R, Recover back on R  
7&8            Turn ¼ left L shuffle, stepping L-R-L (6:00)

### S4: Sweep Cross, Slide Back, Rock, Recover, Heel Grind ¼ Turn R

1,2            Sweep R from back to left, Cross R over L  
3,4            Big Step back on L, sliding R toe (weight on L)  
5,6            Rock back on R, Recover on L  
7,8            Right heel grind ¼ turn right, recover left (9:00)

## Ending

To end the dance at 12:00, dance the first two counts of the dance. (Heel Grind ¼ Turn R.) Then take a big slide step to the right as the music ends.

Questions or comments please email me at - [fancyfootlinedancing@gmail.com](mailto:fancyfootlinedancing@gmail.com)