

Dance You Out of My Mind

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Rachael Snyder (USA) - August 2023
音樂: Drive You Out Of My Mind - Kassi Ashton



#16 Count Intro *One Restart With Step Change

S1: Heel Grind ¼ Turn R, Coaster Step, Rock, Recover, ½ Turn Left Twice

1,2 Right heel grind ¼ turn right, recover left (3:00)
3&4 Step R back, step Step L beside R , Step R fwd
5,6 Rock L forward, recover on R
7,8 Turn ½ left, step fwd on L (9:00), ½ Turn left Step Back on R (3:00)

Non-turn option: Step Back L, R (3:00)

Restart the dance here on Wall 5 (12:00) with step change

NOTE: To restart the dance substitute counts 7,8 with 7&8: ½ left Shuffle, Stepping L-R-L
(You will be facing 9:00 when you restart)

S2: ½ L Shuffle, Sweep Cross, Back, Side, Crossing Shuffle

1&2 Turn ½ left L shuffle, Stepping L-R-L (9:00)
3,4 Sweep R from back to left, Cross R over L
5,6 Step L back, Step R side
7&8 Cross L over R, step R together, step L over R (9:00)

S3: Step hold, Ball Step Hold, Cross Rock, Recover, ¼ Turn, L Fwd Shuffle

1,2 Step R to right side, hold & clap (or snap)
&3,4 Quickly step L next to R, Step R to right side, hold & clap (or snap)
5,6 Cross L over R, Recover back on R
7&8 Turn ¼ left L shuffle, stepping L-R-L (6:00)

S4: Sweep Cross, Slide Back, Rock, Recover, Heel Grind ¼ Turn R

1,2 Sweep R from back to left, Cross R over L
3,4 Big Step back on L, sliding R toe (weight on L)
5,6 Rock back on R, Recover on L
7,8 Right heel grind ¼ turn right, recover left (9:00)

Ending

To end the dance at 12:00, dance the first two counts of the dance. (Heel Grind ¼ Turn R.) Then take a big slide step to the right as the music ends.

Questions or comments please email me at - fancyfootlinedancing@gmail.com