

Thicc

拍數: 48 牆數: 2 級數: Improver
編舞者: France Bastien (CAN) & Serge Légaré (CAN) - August 2023
音樂: Thicc As Thieves - Lauren Alaina & Lainey Wilson



[1-8] (Step Fwd, Side ¼ Turn R, ¼ Turn Sailor Step) x 2

1-2 RF in front – ¼ turn to right LF to left
3&4 RF cross behind – ¼ turn to right LF in place – RF in front
5-6 LF in front – ¼ turn to left RF to right
7&8 LF cross behind – ¼ turn to left RF in place – LF in front

[9-16] Hip Bump, Heel Together Touch Together Heel, Together, Step, Step Lock Step

1&2 Front hip bump R – back hip bump L – front hip R weight on RF
3&4 Left heel in front – drop LF next to the RF – touch RF next to the LF
&5 Drop RF next to the LF – L heel in front
&6 Drop LF next to the RF – RF in front
7&8 LF in front – RF cross behind LF (lock) – LF in front

[17-24] (Side Touch) x 2, Rolling Vine R, Touch

1-2-3-4 RF to right – touch LF next to the RF – LF to left – touch RF next to the LF
5-6 ¼ turn to right RF in front – ½ turn to right LF behind
7-8 ¼ turn to right RF to right – touch LF next to the RF

[25-32] (Side Touch) x 2, ¼ Turn L, ½ Turn L, Shuffle ½ Turn L

1-2-3-4 LF to left – touch RF next to the LF – RF to right – touch LF next to the RF
5-6 ¼ turn to left LF in front – ½ turn to left RF behind
7&8 ¼ turn to left LF to left – RF next to the LF – ¼ turn to left LF in front

[33-40] Cross, Hold, Side Heel, Hold, Together Cross, Side, Behind Side Cross

1-2 RF cross in front – hold
&3-4 LF to left – R heel slightly diagonal straight front – hold
&5-6 Drop RF next to the LF – LF cross in front – RF to right
7&8 LF cross behind – RF to right – LF cross in front

[41-48] Side, Heel, Hold, Together, Cross, Hold, Side Cross, ¼ Turn L, Full Turn

&1-2 RF to right – L heel in front – hold
&3-4 Drop LF next to the RF – RF cross in front – hold
&5-6 LF to left – RF cross in front – ¼ turn to left LF in front
7-8 ½ turn to left RF behind – ½ turn to left LF in front

Recommencer du début