

# My All Rumba

**COPPER KNOB**  
BYEPOSTETS

拍數: 48      牆數: 4      級數: Beginner  
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音樂: My All (Rumba - 26 T/M) - Vio Friedmann



No Tag, No Restart

## sec1 basic back Rumba , basic Forward Rumba,

2-3      Rf BackRock (2) Recover Lf (3)  
4-5      Rf to R side (4) Hold (5)  
6-7      Lf Fwd Rock (6) Recover Rf (7)  
8-1      Lf to L side (8) Hold ( | )

## sec2 New york 1/4 L , spot turn R,

2-3      Turn 1/4 L Rf fwd Rock (2) Recover Lf (3)  
4-5      Turn 1/4 R Rf to R side (4) Hold (5)  
6-7      Turn 1/4 R Lf fwd (6) Turn 1/2 weight shift with Rf (7)  
8-1      Turn 1/4 R Lf to L side weight shift with Lf(8) Hold (1)

## sec 3 cucaracha (R-L) x4

2-3      Rf next to Lf (2) Recover Lf (3)  
4-5      RecoverRf (4) hold (5)  
6-7      recover Lf(6) Recover Rf (7)  
8-1      Recover Lf(8) hold (1)

## sec 4 RF back recover Lf Rf Fwd , Lf Fwd full turn R

2-3      Rf back (2) Recover Lf (3)  
4-5      Rf fwd (4) hold (5)  
6-7      Lf Fwd (6) Turn 1/2 R weight shift with Rf (7)  
8-1      Lf Fwd (8) Turn 1/2 R weight shift with Lf (1)

## sec 5 Rumba sliding doors, cucaracha

2-3      Rf back (2) Recover Lf (3)  
4-5      Rf Toe cross over Lf (10:30) (4) hold (5)  
6-7      Lf to L side (6) Recover RF (7)  
8-1      Recover Lf (8) hold(1)

## sec 6 spiral 3/4 Turn, Lf back Recover Rf Lf Fwd Hold

2-3      Rf backRock (2) Recover Lf (3)  
4-5      Rf cross over Lf spir 3/4 Turn(4) Hold (5)  
6-7      Lf back Rock(6) Recover Rf (7)  
8-1      Lf Fwd (8) hold (1)

Thank you for watching ☐☐

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