

Dippin & Slidin

拍數: 32 牆數: 4 級數: Improver
編舞者: Karl-Harry Winson (UK) & Jamie Barnfield (UK) - August 2023
音樂: Dippin My Feet - Rick Astley : (Album - Are We There Yet - iTunes & Amazon)



Intro: 24 counts

S1: Jazz Box 1/2 Turn Left. Side-Drag. Right Kick Ball-Cross.

1 – 2 Cross Left over Right. Turn 1/4 Left stepping Right back (9.00).
3 – 4 Turn 1/4 Left stepping Left to Left side (6.00). Close Right beside Left (weight on Right).
5 – 6 Step big step to Left side. Drag Right up towards Left & touch next to Right.
7&8 Kick Right to Right diagonal. Step Right beside Left. Cross step Left over Right. (6.00)

S2: Side Strut. Cross Strut. Diagonal Rock. Behind. 1/4 Turn Left.

1 – 2 Step Right toe to Right side. Drop the heel.
3 – 4 Cross Left toe over Right. Drop the heel.
5 – 6 Rock Right forward to Right diagonal. Recover weight on Left.
7 – 8 Step Right back behind Left. Turn 1/4 Left stepping Left forward. (3.00)

S3: Side. Left Back Rock. 1/4 Turn Right. 1/4 Turn-Drag. Left Kick Ball-Change.

1 – 2 Step Right to Right side. Rock Left back behind Right.
3 – 4 Recover on Right. Turn 1/4 Right stepping Left back. (6.00)
5 – 6 Turn 1/4 Right stepping big step to Right side. Drag Left towards Right (weight on Right). (9.00)
7&8 Kick Left forward. Step Left beside Right. Step Right in place.

S4: Forward Strut. Point X2. Behind-Side-Cross. Left Flick.

1 – 2 Step Left toe forward. Drop heel.
3 – 4 Point Right toe forward. Point Right toe to Right side.
5 – 8 Cross Right back behind Left. Step Left to Left side.
7 – 8 Cross Right over Left. Flick Left foot back and slightly out to Left side.

Start Again!

TAG 1 (4 Count): To be danced at the end of walls 3, 6, 9 & 10

Left Modified Rocking Chair.

1 – 2 Cross Rock Left over Right. Recover weight on Right.
3 – 4 Rock Left out to Left side. Recover weight on Right.

TAG 2 (12 Count): To be danced at the end of walls 4 & 7

Left Modified Rocking Chair. Left Jazz Box-Scuff. Right Jazz Box-Scuff.

1 – 2 Cross Rock Left over Right. Recover weight on Right.
3 – 4 Rock Left out to Left side. Recover weight on Right.
5 – 8 Cross Left over Right. Step Right back. Step Left to Left side. Scuff Right across Left.
9 – 12 Cross Right over Left. Step back on Left. Step Right to Right side. Scuff Left across Right.

Ending: After the last Left Modified Rocking Chair tag at the end of Wall 10 (facing 6.00), cross Left over Right and unwind 1/2 turn Right to face the front!

Ta - Dah!!!