

Tell Me

拍數: 32 牆數: 4 級數: Improver
編舞者: Header Kim (KOR) & Anna (INA) - August 2023
音樂: Straight Up - Paula Abdul



* NOTE: Intro 16 counts

***3 Restarts – 3, 6, 9 Wall (on 2, 5, 8 wall 16 count after) / 1 tag - 4 counts

Sec 1: R FWD, Kick, Coaster, Boogie R - L, Run x 3

1 - 2 Step RF forward, LF Kick forward
3 & 4 Step LF backward, RF next to LF, Step LF forward
5 - 6 Step RF diagonal boogie walk to R, Step LF diagonal boogie walk to L
7 & 8 Step RF forward, Step LF forward, Step RF next to LF

Sec 2: R Side, Recover, Behind, Side, Cross, FWD Rock, Coaster

1 - 2 Step RF side to R, Recover weight on LF
3 & 4 Cross RF behind LF, Step LF side to L, Cross RF over LF
5 - 6 Step LF rock forward, Recover weight on RF
7 & 8 Step LF back, RF next to LF, Step LF forward

Sec 3: Kick FWD, Kick side, Coaster R 1/4 turn, L FWD, Recover, Anchor step

1 , 2 RF kick forward, RF kick side to R
3 & 4 Step RF backward 1/4 turn to R (facing 3:00), LF next to RF, Step RF forward
5 - 6 Step LF rock forward, Recover weight on RF
7 & 8 LF rock slightly behind RF, Recover on RF, Recover on LF

Sec 4: Sailor L-R, FWD Mambo, Back mambo

1 & 2 Cross RF behind LF, Step LF side to L, Step RF side to R
3 & 4 Cross LF behind RF, Step RF side to R, Step LF side to L
5 & 6 Step RF rock forward, Recover weight on LF, RF slightly back
7 & 8 Step LF rock back, Recover weight on RF, LF slightly forward

* Tag Side, Touch R - L

1 - 2 Step RF side to R, LF next to touch RF
3 - 4 Step LF side to L, RF next to touch LF

Enjoy dance with us!

Contact: haeder@hanmail.net / anna.indonesiald@gmail.com